**Risk Assessment: Glossopdale Harriers Weekly Training Sessions**

| **Date:**  | **Assessed by:**  | **Location :** | **Review :** |
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|  10/12 /20 | Andy Brack | Glossop | Following significant change in Govt Advice |

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| **What are the Hazards?** | **Who might be harmed and how?** | **What are you already doing? E.g. pre event controls** | **Risk Rating** | **What else can you do to control this risk?****E.g during event controls** | **Resultant Risk Rating** | **Action by whom** | **Target date** | **Complete** |
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| **Lack of awareness around Covid-19 risk factors and key government/ England Athletics/ local guidance for limiting the spread/ transmission of the disease**  |

 | **Athletes, coaches, spectators, their families and the general public**  | Communications with all members/parents prior to accessing club activities – updated protocols and measures that have been implemented Email and website access for guidanceEmail GDH guidance packAgreement to comply to NHS/Gov guidance with regards contact with a positive case, self-isolation due to family member, NHS track and trace- all participants in training to sign off as directed in Eventbrite  | M | Reaffirm via Eventbrite the understanding of the guidance before entryOn site signage to re-enforce key messages and protocolsVulnerable people as categorised by the NHS to be aware or made aware of their higher risk by reading the Return to Training ProcessPeople shielding extremely vulnerable family members are advised to not attend training. | **L** | Check Eventbrite and modifySigns and hygiene bag for eventsVulnerable people communicationForms to be communicatedShare Guidance documents to membersAB/JP | **22/9** | *Done* |
| Persons infected with Covid- 19  | Athletes, coaches and spectators **by person to person transmission during transport to the event** | * Runners to be prepared. They may need a mask and sanitiser
* Pre event health confirmation
* Government guidance links
* GDH Covid guidance pack
* England Athletics guidance
* Eventbrite control of numbers Car share guidance communicated
 | M | * Advise participants on day **not to car share wherever possible**
* Reaffirm use of face masks, ventilation, less than 3 people and sat behind and across from the driver.
* Car share where possible be within household bubble
* Driver and athletes to use hand sanitiser before and after travel
* Vulnerable persons advised not to car share
 | L | Car shareShare Guidance documents to membersAB/JP | 22/9 | Done |
| Persons infected with Covid- 19  | Athletes, coaches and spectators by person to person transmission **during warm up and meeting at the event** | * Government guidance links
* GDH Covid guidance pack
* England Athletics guidance
* Eventbrite control of numbers
 | M | * Encourage and remind athletes of 2M social distancing
* Provide masks or encourage mask use in the event of face to face contact under 2M for over 15 minutes or under 1M for 1 over 1 minute.
 | L | Share Guidance documents to membersHygiene kit to be createdAB/JP | 22/9 | Done |
| Persons infected with Covid- 19  | Athletes, coaches and spectators by person to person transmission **during running activities in a group** | * Government guidance links
* GDH Covid guidance pack
* England Athletics guidance
* Eventbrite control of numbers
 | L | * Runners not to slipstream wherever possible.
* Side by side to be minimised
* Runners not to crowd
* Do not slipstream before overtaking
* Groups to be organised to ensure crowding does not take place with sufficient staggering
* Runners to alert members of public where it is expected that close contact (<1M) will take place on a narrowing path. Slow or stop until contact can be avoided.
* Post run gathering to be avoided
* Stretches to be carried out with at last 2M spacing
 | L | Share Guidance documents to members | 22/9 |  |
| Persons infected with Covid- 19 | Athletes, coaches and spectators by person to person transmission **during assistance to an injured athlete** | * Athletes advised to ensure they prepare for the unlikely event of injury and make sure a family member is available to assist
* This advice is particularly relevant to vulnerable people
 | M | * Offer assistance whilst keeping 2M distance
* To be assisted by a member of household bubble (if present)
* Use mask, gloves to proffer aid if absolutely necessary
* Mask to be disposed of at home
* Identify trained medic before event if possible
* Vulnerable people are not to be assisted within 2M by a person from outside their household bubble. Unless serious the athlete should wait for assistance from a family member.
* Where urgent assistance is required. Masks and gloves to be used.
 | L | Share Guidance documents to membersAB/JP | 22/9 | Done |
| **What are the Hazards?** | **Who might be harmed and how?** | **What are you already doing? E.g. pre event controls** | **Risk Rating** | **What else can you do to control this risk?****E.g during event controls** | **Resultant Risk Rating** | **Action by whom** | **Target date** | **Complete** |

Done



