**Minutes of Annual General Meeting Glossopdale Harriers 2020**

**The Oakwood, Glossop 27th January 2020 commencing 7:30pm**

Attended (signed attendance register) – Matt Crompton, John Stephenson, Rebecca Ashworth, Ben Naylor, Jude Stansfield, Alison Holt, Rod Holt, Zoe Barton, Tim Culshaw, Dan Stinton, Mandy Beames, Guy Riddell, Steve Knight, Steve Crossman, Cheryl Stitt, Becks Smith, Pete Wallroth, Steve Page, Sean Phillips, Paul Skuse, Alex Critcher, Lynne Taylor, Mark Davenport, Pete Tomlin, Jeroen Peters, Chris Peters, Laurie Barlow, Wyatt Barlow, Bill Buckley, Caity Rice, Andy Oliver, Charmaine Brierley, Jo Brack.

Apologies received – Elanor, Caitlin, Josie and Phil Swan, Emma Peters, Jonathan Haggart, Dan Ellingworth, Sikobe Litaba, Steve Hoon, Paul Stitt, Emma Rettig, Chris Webb, Tim Budd

**Chair Report**

**GDH Club Update for 2019**

Glossopdale harriers is a very active club with membership taking part in all kinds of events from fun runs to mad ultras.

The list of achievements is too long to go into here, they were all well documented by our excellent weekly reporters, a special mention to Tim, Lucy, Greg, Els, Ian and Dan for very entertaining and informative updates.

 Perhaps Dan’s idea of the ‘what has 2019 been like then’ format could become traditional; it was a great way to be reminded of the amazing runs and events and the positive impact that many of us enjoy from being part of Glossopdale Harriers.

We also organized several social activities. Dan E lined up the Hathersage lido day out, so popular it was oversubscribed. She and I organized another weekend at Dufton youth hostel. There was the Christmas party again, this has probably outgrown the scout hut so if anyone knows a likely alternative please let us know.

A lot of members who aren’t on the committee do great things to help us train or simply arrange runs. Chris Webb’s Bankswood training sessions, Tim Budd’s navigation practice routes, those who volunteer to lead runs on Tuesdays and Thursdays. Big thanks to Chris W and Kirsty for organising our cross country entries. The large number of harriers who regularly volunteer for Glossop parkrun.

I am sure I have missed some from this list, apologies if I have.

I was genuinely surprised to learn that the overall membership has gone down for the first time in many years, only by about 5. This probably reflects that we could do better at managing the club activities and I look to the 2020 committee to meet this challenge.

I would like to thank the committee for all the time and effort they give to running the club.

Those staying this year, Alison looks after the membership and deals with the individual EA affiliation which is no small task I assure you. Jeroen as always is doing great things with the Tuesday coached sessions, he has rewarded our club many times over for the investment in his coaching qualifications.

I especially want to thank those who are stepping down this year.

**Ben Naylor**

**Tim Culshaw**

**Matt Crompton**

**Zoe**

**Becky**. She has been in the secretary position for 10 years and seen and done everything to keep us all in line.

**Club Secretary Report 2019 for AGM 27th January 2020**

Over the year the committee have held several meetings to discuss a wide variety of items.

Following the AGM the committee next met on 11th February 2019

The following topics were discussed – Announcing races for champs individually for pre-entry for awareness purposes both on Facebook and by email in addition to the Club Championship races being listed on the Club website.

Coaching ideas – Jeroen raised the issue that there were too many members attending the Coached sessions for him to manage, it was agreed that he would post on the club Facebook and email to see if there was interest in members completing the LIRF qualifications with a view to supporting him running these sessions and on occasions when he wasn’t able to attend. We believe Jeroen held a meeting at Pico recently and that several members have shown interest. Also discussed was to offer the coached training sessions on more than one evening per week.

We also discussed the possibility of looking at age grading the club champ races but decided that this would be too complicated to arrange.

Internet banking for the club was discussed.

The whereabouts as to where various items of club stuff was stored.

 Drawing up a meeting schedule for the Committee.

Meeting 19th March 2019

Discussed contact Alison had received from the FRA regarding EA membership for those taking part in the FRA relays. The conclusion of this communication was that the same qualification rules as in previous years would apply to the relay event and there was no need for further action required.

Concerns were raised that that we were not recording racing and achievement history of the club members, such as race times and that we were losing club history, it was suggested that some kind of records were created.

Our next meeting was on 18th July 2019

The topics discussed at this meeting were as follows:

Relays -   Entry was in for Hodgson relays and British Fell Relays and it was decided to enter several teams as the venue this year was close to home and to enter a VETS team

Also discussed was the GDH Instagram account which had been set up by Tim Budd to stop anyone else doing this, this was due to a previous issue when a GDH Twitter account had been created by a former member who had since lost the login details, unfortunately they have not shared these details with anyone so no one in the club has access to this. It was mentioned that Emma R and Pete W seem to have been given the login details for the Instagram account and are using it. It was agreed that the Committee should have the login/access details and that any posts would be seen as a reflection of the club so members using this will need to be mindful of this.

Hoodies – agreed Els to choose suppliers, she had spent a lot of time looking at options and we agreed to go with her preferred supplier.

We discussed the Summer Swim in Hathersage which Dan E kindly arranged again.

The discussion regarding club records was re visited and Jeroen mentioned he had contact from one of our longstanding members who has detail of history of the club. One of the committee members knew of a programme devised by a member that should mean that these details could be quickly added to a data base. Unfortunately, it was soon fed back to the committee that this was not now possible.

Next on the Agenda for the meeting was the Running Track in Simmondley, Jeroen fed back

to the committee regarding the progress and some issues with previous quotes. Details of

original quotes were not available, he was waiting for one more donation of £450, the

committee agreed that this could not be covered by GDH funds, but a donation could be

made to cover costs of work that had already been carried out by a member of the club

from who had previously submitted a quote and had completed the work.

We then discussed the Shelf Moor race and although Emma R had successfully got permissions granted for this year 2019 and we discussed that this is becoming an issue with lots of races. The issues we have had with the Clay Pigeon shooting members was also discussed. A committee member who knows the person that organises the group agreed to speak to them.

The Championships were then discussed in that the races were not being posted as events on Facebook, although it was noted that all the Champs races are on website, question was raised as to whether they need to be promoted on Facebook too. Jeroen raised issue of random Facebook posts regarding races being placed on the GDH Facebook page, Matt has since posted them as Events on the page.

Issues were then discussed regarding the website and an old contact email address on there not working or being monitored. This has since been removed.

The issue of late membership payments by members was raised regarding EA and this happens each year. Jeroen raised his concerns with the coaching as to whether he was insured to coach in the period between April when EA membership was due to when the cheque cleared. It was noted that Alison often pays the bill out of her own money to push membership through as the cheque takes a few weeks to clear after it had been sent in. Despite chasing and posting regarding membership payments this causes quite a headache and a delay for payments.

Also addressed was the progress with the online banking and that the reserve account funds still need to be recovered.

Meeting - 14th October 2019

Jeroen gave a running track update requested by the Treasurer due to donated funds for this sitting in the GDH account. Jeroen gave a short update as to progress on this community project. Jeroen explained that there may be a shortfall of £150. The committee had previously discussed making a small contribution to the track if required as GDH members would be benefiting from this project, it was agreed that £150 would be donated from club funds to the project if required.

The date and venue for the Christmas party was agreed, it was suggested that Howard Town Brewery maybe a better location but due to them selling their own drink and food it was decided that this was not a suitable location due to these reasons and it would probably not be big enough. Ideas please for where to hold the Christmas party for 2020.

ARC Insurance was revisited as a member had raised concerns to John S regarding Insurance in that the committee may be liable for serious death/injury – John has checked ARC cover and confirmed that the committee are covered. Risk Assessments for races were discussed, it was agreed that the committee will work with RO’s regarding this.

We then discussed the Champs subcommittee for 2019 – 2020 – Emma R was happy to continue, and it was agreed that she would post for Champs subcommittee for the coming year. Champs to be updated on website once the Subcommittee has agreed and submitted.

We then discussed nominations for the Bombed-Out trophy and Spirit of John Hewitt trophy, Jeroen asked regarding some set guidance for how the committee chose SJHT – agreed that we should have something in writing for this for the future as lots of new members will not know of John H. It was agreed that there should be guidance regarding this.

Spending of club funds was discussed, this was prompted by recent request for club to fund a mini bus for Chester Marathon as one had been organised by members due to many taking part. The club funds FRA and HB relays and subsidising EA membership for members was agreed years ago to provide something for road runners because of this. It was agreed by the committee that we could not fund the mini bus for the Chester Marathon as had been suggested/requested by some members. One of the main reasons being that this could not be offered retrospectively, the reasoning being that some members may have not chosen to do the race due to travel expenses and travel arrangements being an issue, but they may have decided to take part in the marathon if they had known that travel was to be offered/covered by the club.

We then discussed road relays – notice was given of one in September on the GDH Facebook page despite very late notice for this emailed from the Race Organiser, no one showed interest, it was agreed that the club would be willing to fund this type of activity in the future if members were interested.

A list of club fund spending was distributed by Alison to the committee due to an enquiry on how club funds have been spent from a member. It was decided that this would be shared at AGM and on the website following the AGM.

Advertising businesses on GDH Facebook was then discussed as we had recently had a few business posts that have been removed and explanations sent to those responsible for posting.

Discussions also took place regarding ex members of the club being removed from the Facebook page. Alison explained that upon leaving the club members were removed, second claim members remained. A few members have previously expressed that they wanted to remain on the club Facebook when leaving the club and this had been allowed at the discretion of the committee.

It was also noted that membership fees for EA individual affiliation is increasing by £1 per member.

We then met on 19th November 2019

Items discussed were

* prizes for the Champs
* race selection for the year coming
* banking update, signatories for the cheques finally updated
* matters discussed regarding VMLM – the committee unanimously agreed that for the 2020 Virgin Money London Marathon club place this would be open to all members of the club wishing to go in to the draw. One of the main reasons for this decision was that when club members had decided whether to have EA membership or not for 2019 they were not informed that this would mean that they would not have the opportunity to enter the draw for the VMLM. If the committee voted to allow EA members only to enter the draw at this stage, those that did not have EA membership would be unfairly penalised.

The last committee meeting for the year was held on 3rd December 2019 – discussions took place regarding

* Finalising the Christmas Do arrangements and pre-party run
* Championship prizes
* Spirit of John Hewitt Trophy winner
* Bombed Out Trophy – Zoe posted regarding nominations by Friday 13th December
* Results for Champs – some information was required still to finalise
* Presentation of the Nev McGraw trophy
* Committee members that were standing down
* The Club Constitution
* Committee structure
* All committee posts are up for election - 3 committee members are standing down and would need to be filled as a priority. An Officer post – Treasurer and also two ordinary committee members would be standing down.
* First claim – second claim discussion for committee members – agreed both can be on the committee as an Ordinary Member
* John S - Suggested Communications Representative – one position – to be filled by ordinary committee member or member of the club – doesn’t have to be on the committee but preferable
* Membership numbers at the time of the meeting 232 - 110 EA registrations

**Glossopdale Harriers Accounts 2019**

* **SUMMARY**
* Glossopdale Harriers had £4,093.04 in the current account at 31 December 2018 year end. At year end 2019 the balance was £3940.89, plus £360.25 for adjustments (see below) which totals £4301.14
* Approximately £556 remains in the deposit account, which remains unchanged since 2012.
* Income of £299.25 from the Herod Farm Race and £286 from the Shelf Moor Race was accounted for in 2019 and banked in January 2020.

|  |  |
| --- | --- |
| **SUMMARY CASH STATEMENT** | **2019** |
| **Current Account at 31 December 2019** | 3940.89 |
| **Reserve Account at 31 December 2019** | 557.81 |
| **Herod Farm float** | 150 |
| Outstanding income  | 585.25 |
| Outstanding expenditure | -225 |
| **Adjustments** | 360.25 |
| **GRAND TOTAL** | **5008.95** |

* NB the value of stock (vests, mugs etc) is not included
* **INCOME AND EXPENDITURE BY CATEGORY**

|  |  |
| --- | --- |
|  | **2019** |
| **Income** |  |
| Kit | 704 |
| Membership Subs  | 2921 |
| Nav course fees | 70 |
| XC Entries | 149.5 |
| Race income | 585.25 |
| **TOTAL INCOME** | **4429.75** |
| **Expenditure** |  |
| ARC Affiliation | 276 |
| Club Social Events | 200 |
| EA Club Affiliation | 150 |
| EA members affiliation fees | 1515 |
| GDH Donation to Running Track | 150 |
| Kit costs | 642.9 |
| Nav course costs | 120 |
| Prizes  | 176.25 |
| Relay entry costs | 675 |
| Engraving | 25 |
| XC entries | 165 |
| XC Fees | 122.5 |
| **TOTAL**  | **4091.40** |
| **Running Track Project** |  |
| Running Track Project Income | 1250 |
| Running Track Project Expenditure | 945 |
| Running Track Project Expenditure in 2020  | 307.40 |
| **Balance of Running Track Project funds** | **-2.40** |

**Membership Secretary Report**

**Summary Membership**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  **Total** | **Categories** | **Total subs fully inclusive £** | **In Year Resignations** | **Total Resignations to date** |
| **23/12/2019** | **36** | **104** |
| **234** | fully paid up | 3,175.50 |
| **0** | outstanding |
| 112 | EA registered |
| **31/12/2018** | **26** | **68** |
| 239 | fully paid up | 2,795.00 |
| 27 | outstanding |
| 83 | EA registered |
| **31/12/2017** | **15** | **42** |
| 213 | fully paid up | 2,643.00 |
| 95 | EA registered |
| **2016 as at 31/12/16** | **13** | **27** |
| 158 | fully paid up | 1,863.00 |
| 56 | EA registered |
| **2015 as at 31/12/15** | **14** | **14** |
| 130 | fully paid up | 1,545.00 |
| 44 | EA registered |
| **Current Year Analysis 23/12/2019** |
| 79 | Senior Female |
| 0 | Female under 18 |
| 9 | Female under 16 |
| 1 | Female Tri Club |
| **89** | **Female** |
| 135 | Senior Male |
| 0 | Male under 18 |
| 8 | Male under 16 |
| 2 | Male Tri Club |
| **145** | **Male** |
| **234** | **Total** |

**Women’s Captain Report**

Another amazing year for Glossopdale women, and a wide range of racing. Well done especially to all the juniors turning out. Caitlin Swan started the year by being the youngest to do 100 park runs. There were also parkrun wins for Immy, Caity and Lucy and lots of PBs for others. Caity, Josie, Martha and seniors Jo and Charmayne got great positions in last seasons Cross country. Caity did more Trunce’s than any other Glossopdaler this year and several other fell races so congratulations on a great all-round year.

There have been loads of women racing and improving their 10ks and half marathons all over the country and some fabulous marathon running. Marie’s marathoning has been a highlight in this year’s calendar, doing several a month gaining high positions and then the amazing feat of endurance of 10 in 10 at Brathay; 262 miles in 51 hours 7mins! All year she clocked 27 plus Bullock Smithy - huge congratulations Marie!

A different marathon feat was Emma’s Marathon du Medoc with compulsory cheese and wine feed stations. Alice also had compulsory feeding stations at the Lake District mountain trial, shortly after giving birth, but gaining an amazing first solo woman position.

Well done also to Lins’s year of hard doubles and some long, hard racing also by Becky Smith, Wendy T, Kate B. Sarah, Rachel, Els, Immy, Sue, Lucy, Kasia and Mary who even raced a horse. The gals finally did the High Peak Marathon. Sue and Lucy had marathon wins. Congratulations also to Lucy for a great year winning the Dark and White series, Dovestone Diamond and Four Inns.

Huge well done to Kasia for an amazing year of brutal skyrunning, scoring top points to win the 2019 series. In our own champs well done to Wendy T winning fell and overall champion and Emma R winning road/ trail champion. Thank you to all 12 who finally made up the British Relays teams Cheryl, Rachel, Emma, Zoe, Sarah, Tracey, Jo, Charmayne, Lins, Ali, Becky S. (keep Oct 17th free everyone!). And to Immy and Zoe in the Hodgson Brothers relay. Well done also to Kirsty and Caity who were part of the 1st mixed team at the Lee Mills relay.

Apart from running and racing, thanks go to many women members contributing to the club in other ways; on the committee, weekly reports (Lucy, Els) and running training sessions; Kirsty XC, Charmayne helping Jeroen and Mandy running plodsquad. We held a second year of nav training this year (thanks Lynne and Tim) and hopefully something we can repeat this year. Well done everyone for a spectacular year of running and camaraderie, which I know makes our club so special.

Jude Stansfield

Women’s captain 2019

**Men’s Captain Report**

My main role this year was to organise the men's teams for the British Fell Relays and the GDH team for the Hodgson Brothers relays.

As ever, the Hodgson Brother relays were held in September in Patterdale. We entered a open team (although had both male and female runners) and came a very creditable 32nd out of 70. This was partly due Chris W and Tim B running an incredible anchor leg. However the rest of the team, namely Immy T, Zoe B, Andy O, Dan S and Mark D all had great runs, and super day was had by all.

The British Fell Relays (or FRAs) were held locally at Fairholmes this year. This meant that we had enough interested from club members to enter two male teams, open and v40, including five people who had never competed in this event before. The open team was made up of Luke H, Lance HG, Tim C, Chris W, Tim B and Robin H. They came 59th with a great time of 4.41. The v40 team was made up of Rob S, Dan S, Ian C, Julian M, Andy F and John S. They came 134th overall in a time of 5.34.

A special mention as well to some members of the club, including Will M for his exploits in running from Meriden to the Oakwood for final orders, Chris W for organising his midweek xc webbinars through the darkness of Bankswood Park, and Tim B for setting us all various challenges up on the moors surrounding Glossop.

**Coach report 2019**

A year ago, in my report, I spoke about a number of issues but want to highlight 3:

\* Structure of the coached sessions

\* Increased participation

\* Markers on the trail in Simmondley

The first two items are really linked. When talking about the structure of the sessions, I started introducing more drills at the start of each session. These range from warm-up drills to running technique drills. Now, I admit the "drills" has a certain connotation that may not invite many, or even any runner who has never been to one of these sessions but they do serve a purpose. Not only do they reduce the chance of injury and give people ideas on what they can incorporate into their own runs, away from the sessions, they also provide runners with an insight on how to become more efficient = better and faster - runners.

Based on feedback I receive from runners, it has some effect. It is really good to hear how tips and advice, has helped runners. When after a race, they tell me that during a race, the heard me inside their heads: Pocket to socket, Lean from your ankles, not your hips or push those hips forward. Or, on case of a marathon runner: run slower!!! I know, you do not hear me say that normally on a Tuesday. Of course, the absolute main reason for the drills, particularly the cool-down ones done on the road circuits, is make you look like laughing stock for the people living there.

But of course, there is a serious point here. The number attending have kept going up which is great as that is an endorsement of what people want. But, as I pointed out last year, that is starting to cause issues. It means I can only provide limited feedback and from a safety perspective, it starts to become an issue. This is why last year, I started asking if there are runners out there wanting to get involved in helping out. The response was overwhelming, nobody came forward. But when I approached some people directly, some indicated they may be willing. Unfortunately, for personal reasons, they have not yet progressed.

Later during this last year, I noticed quite a shift and gave it another go. In response to organising a meeting to talk about options, a number of people attended but even more, who could not make that meeting, came forward expressing an interest. Also, importantly, some that indicated an interest, are already qualified and licensed by EA and together with them, I am planning to draft a plan which I will be discussing with the committee (if elected), work out costs and budgets and then will be published and implemented. Thank you to all who have communicated on this subject with me.

And then the third issue, the markers on the trail in Simmondley. While not strictly speaking a GH project, I would like to think something of interest to many of you and supported by the club. In May, I secured the funding to have 27 steel markers manufactured. They have now all been planted/installed at 100m intervals by the Countryside Services team of Derbyshire County Council who have been supportive from the start. But this project could not have succeeded with the very generous support of member. First there is Ben Naylor of Jack Badger for help with design and manufacturing the stands for the orientation panels. Ste France of Engineering Fabrication Services in Hadfield for the manufacture of the steel markers and Steve Crossman who, through his company HMG Paints, took care of power coating and painting the numbers to ensure their longevity. I want to publicly acknowledge their immense contribution and my personal thanks.

As soon as the panels are competed I am hoping to have an official opening by a coach and runners from a professional athletics team, sponsored by New Balance. I will of course let you know if and when this happens!!

**John Hewitt Memorial Shelf Moor Fell Race 2019**

**AGM Race Report**

The 2019 edition of the John Hewitt Memorial Fell Race took place on a very murky, wet and chilly morning. A record 116 hardy souls turned out to take part – a little daunting for my first stint as RO – but all made it back safely.

After a great deal of shenanigans dealing with landowners and Natural England to get the race permission, there were (thankfully) no truly notable incidents on the day. Just a few frantic dashes back to cars to get the mandatory kit requirements, one or two minor falls and a lot of mud!

Jake Fearn (Buxton) was the first person home in 46:19 and Caity Rice claimed the first female spot in 54:41. Excellent times considering the conditions. Buxton took the men’s teams prize, seems they are unbeatable on this course, and Dark Peak ran home with the female team prize. In addition, we were blessed once again with the presence of “sister” Culshaw and “sister” White who flew around the course in 58:37 and 58:38 respectively.

I’d like to extend the biggest thanks possible to the Club for all their help in flagging, marshalling, baking and volunteering their time. The race really couldn’t happen without you. The knowledge, enthusiasm and generally keeping this first time RO on track was massively appreciated.

I plan to step down as RO after this year so if anyone is interested in taking over do let me know. In an ideal world someone would shadow me this year and then I can be on hand for them the following year (as Rachel very kindly did for me). Please don’t be put off by all of the noise around race permissions and requirements, assuming Natural England give me the thumbs up this year, I’ve got the process sorted ready to handover!

 **Herod Farm Race – Annual Report (for AGM), by Sikobe Litaba**

Short and sweet set of bullets:

 The GDH army came out in force again to volunteer in 2019 making the RO’s task easy on the day. Sponsorship was by Joe Barber Plumbers as always and venue by Reliance Garage

 The race insurance was back with the FRA after a 5 year hiatus.

 Turnout was good at 131 starters, with the race being in several local clubs’ champs.

 Caity Rice lowered Natalie White’s 2007 Female record by 9 seconds and the overall winner was 4 seconds short of Lloyd Taggart’s Male record of the same year.

 Income was £393. Expenditure £43.75 plus £50 donation to GMRT. Balance to Club coffers.

 After 5 years as RO Sikobe has handed over to Darren Clarke for the 2020 race.

 Sikobe would like to thank the club for their support and to wish Darren well as new RO.

Sikobe Litaba

26-Jan-2020 for AGM

**Election of Officers**

Chair – John Stephenson – Proposed by Guy Riddell - seconded Paul Skuse

Club Secretary – Lucy Wasinski - Proposed by Mark Davenport – seconded Pete Wallroth

Treasurer – Steve Knight – Proposed – Alison Holt – seconded Becky Ashworth

**Election of Ordinary Members** – 9 members put themselves forward for 6 positions

Ordinary Members 2020

Mandy Beames

Alison Holt

Jeroen Peters

Steve Page

Pete Wallroth

**Motions**

Communications to be improved/update website – majority agreed

Facebook/social media – subcommittee to be formed to improve communication – majority agreed

Survey for club members to be able to comment on what they think the club could improve on – majority agreed

Review Constitution – majority agreed

Budget planning/setting to reflect requests from members – majority agreed

Improve financial governance – majority agreed