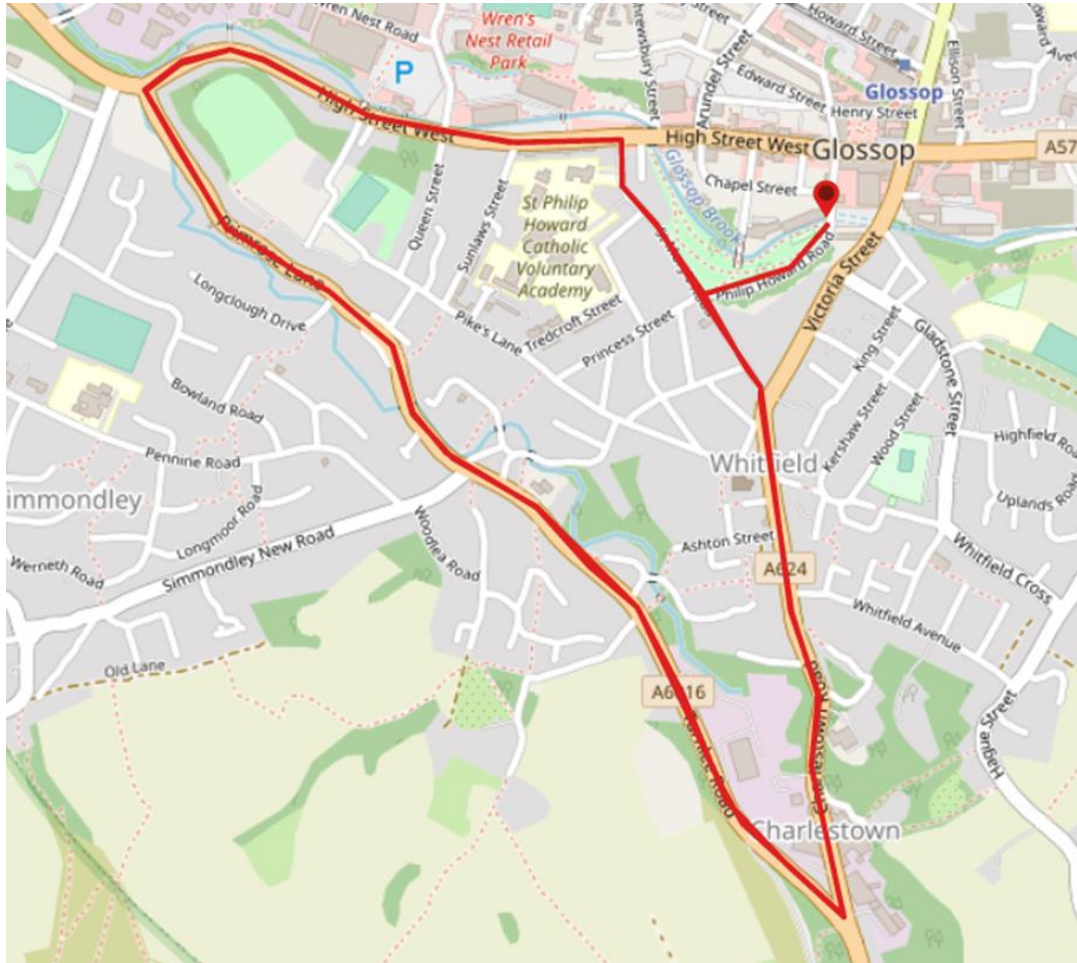




# 2021 Club Championships

**By the Numbers.....**

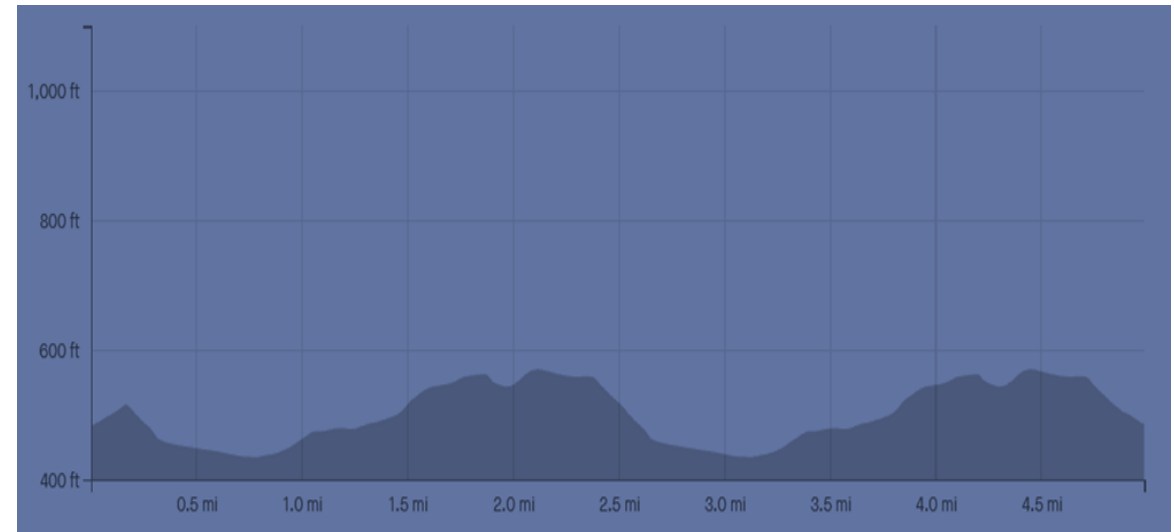
# March 2021 – Glossop 5



5 Miles x 330 ft

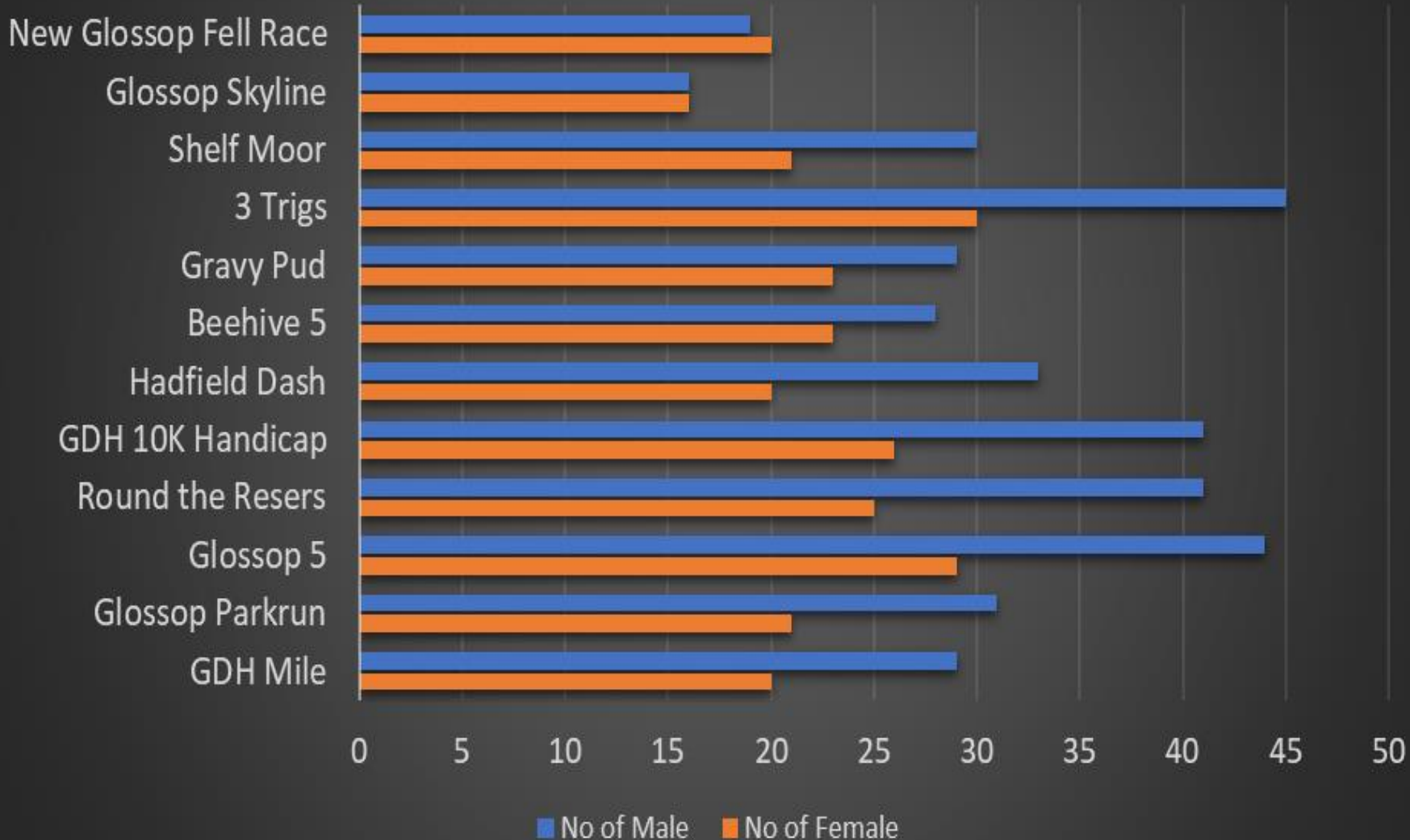
Mens Winner = Josh Southall (28:46)

Womens Winner = Immy Trinder (34:20)





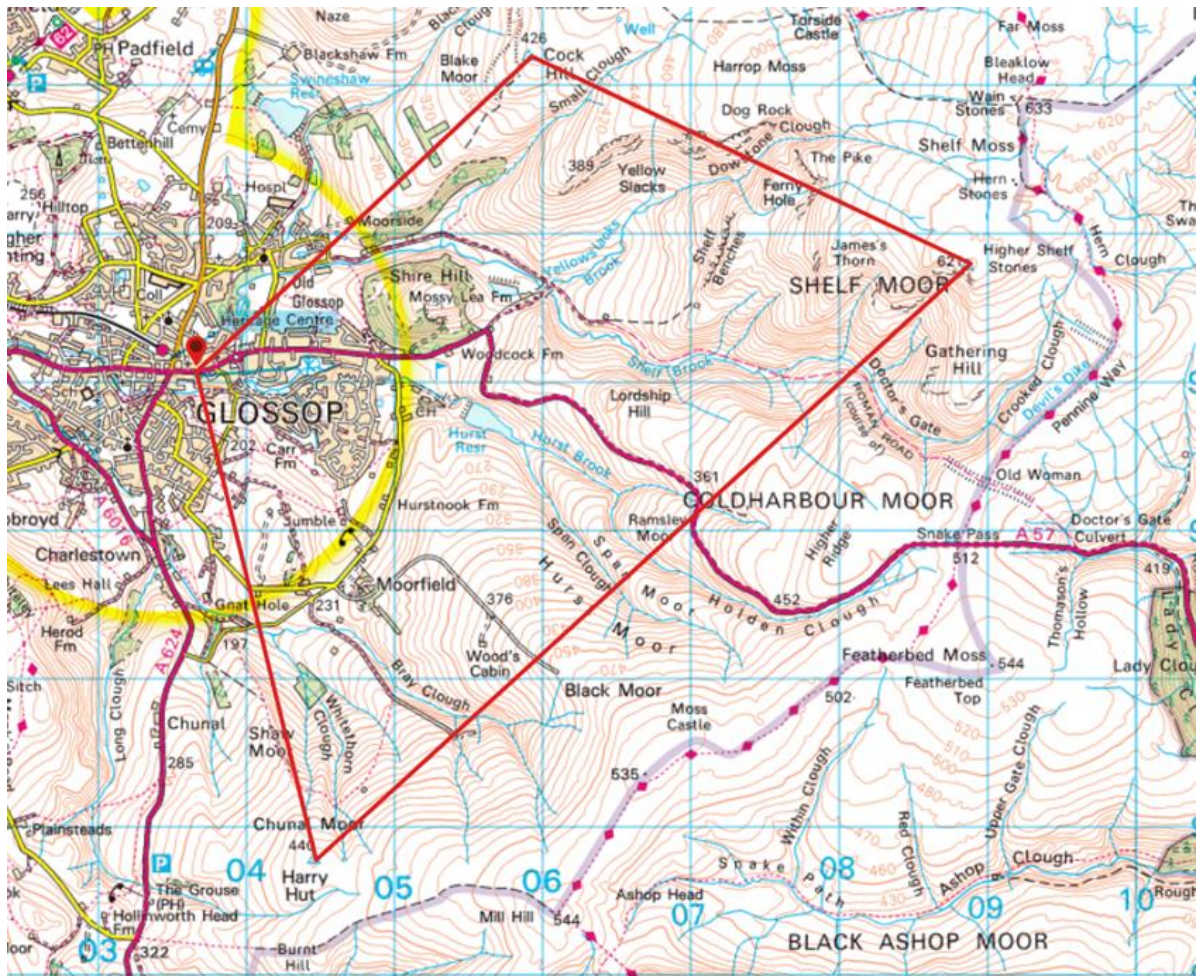
## Number of Participants M/F



- 95 Harriers ran 1 race or more.
- 3 Trigs had the highest combined participation (75 Harriers).
- New Glossop was the only race with more women than men.



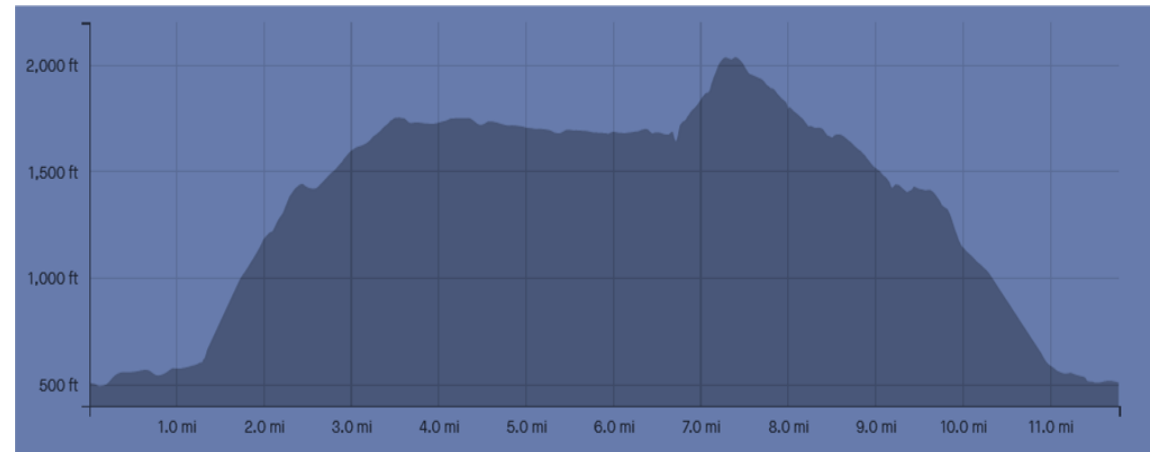
# April – Glossop 3 Trigs



12 Miles x 2,200 ft

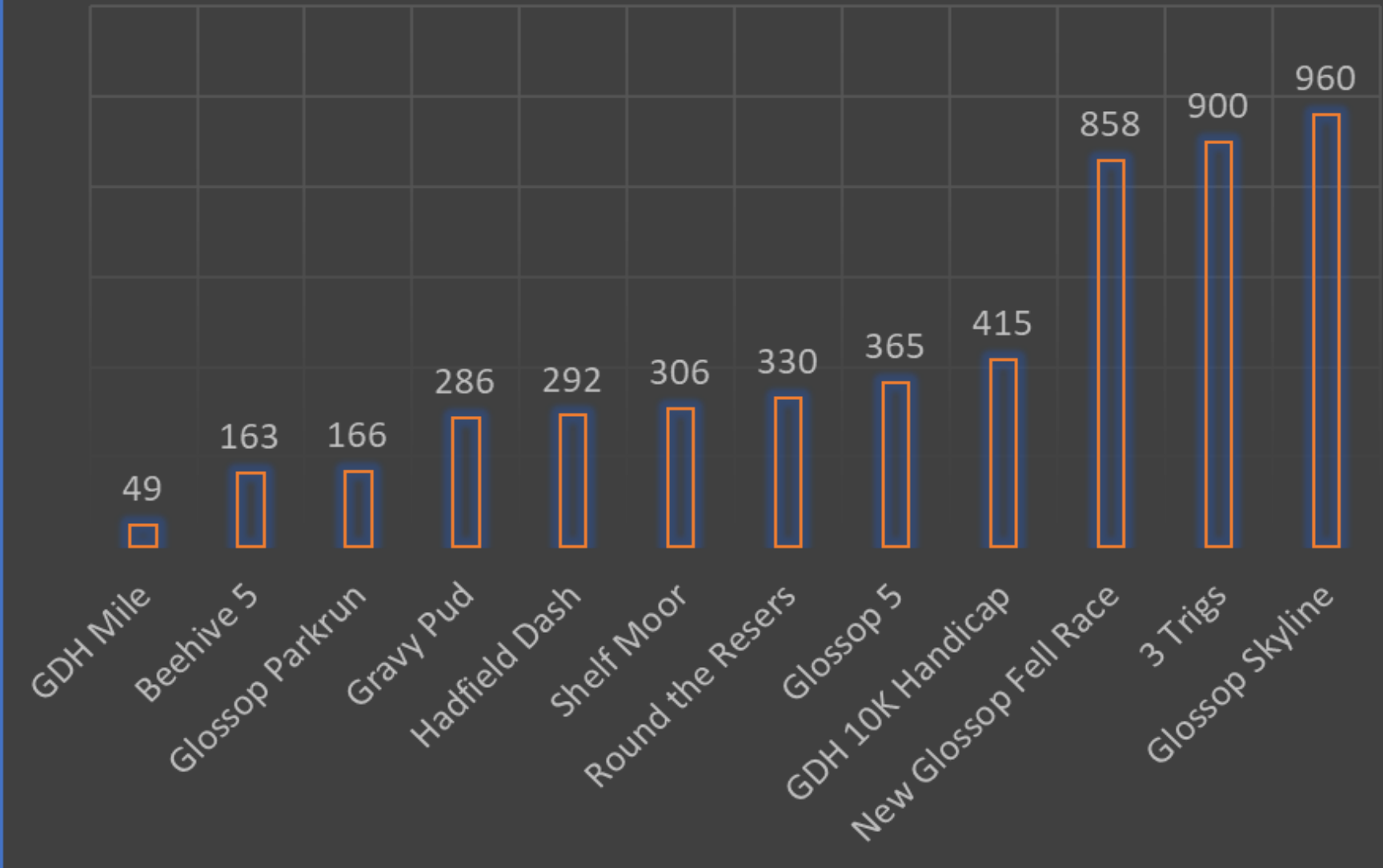
Mens Winner = Matt Bridges (1:29:21)

Womens Winner = Immy Trinder (1:58:28)





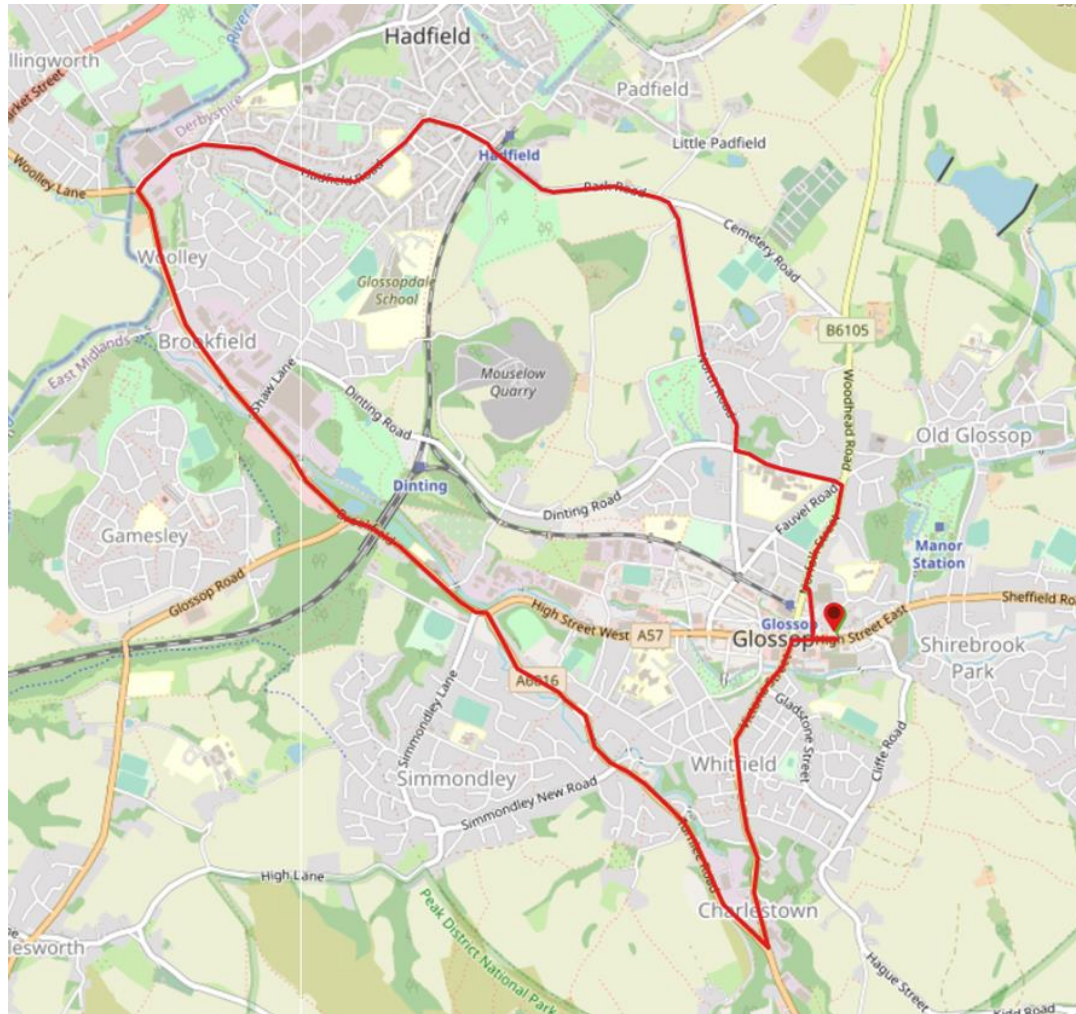
## Club Mileage per Race



- Total miles covered in the 2021 Champs = 5,091 (8,193km)

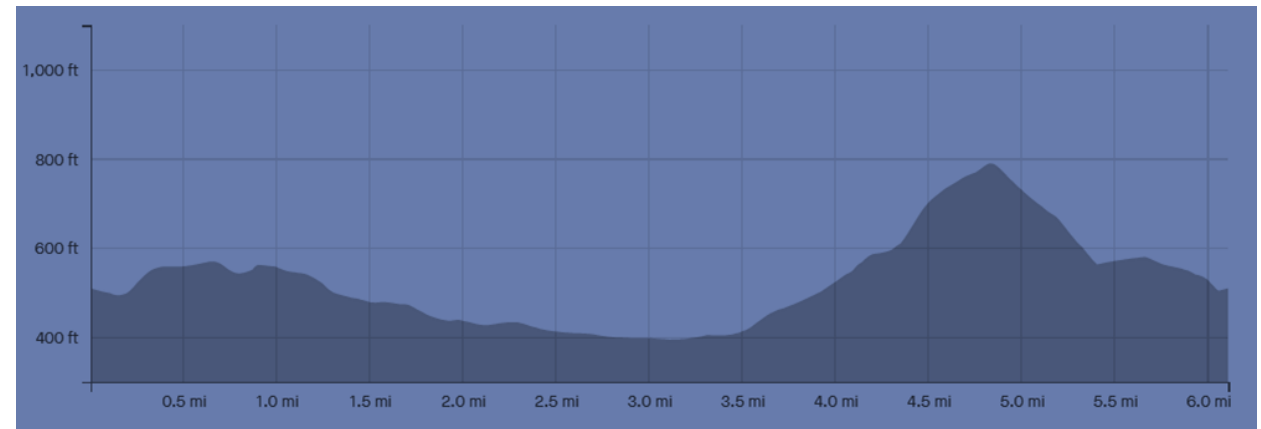


# May – GDH 10K Handicap

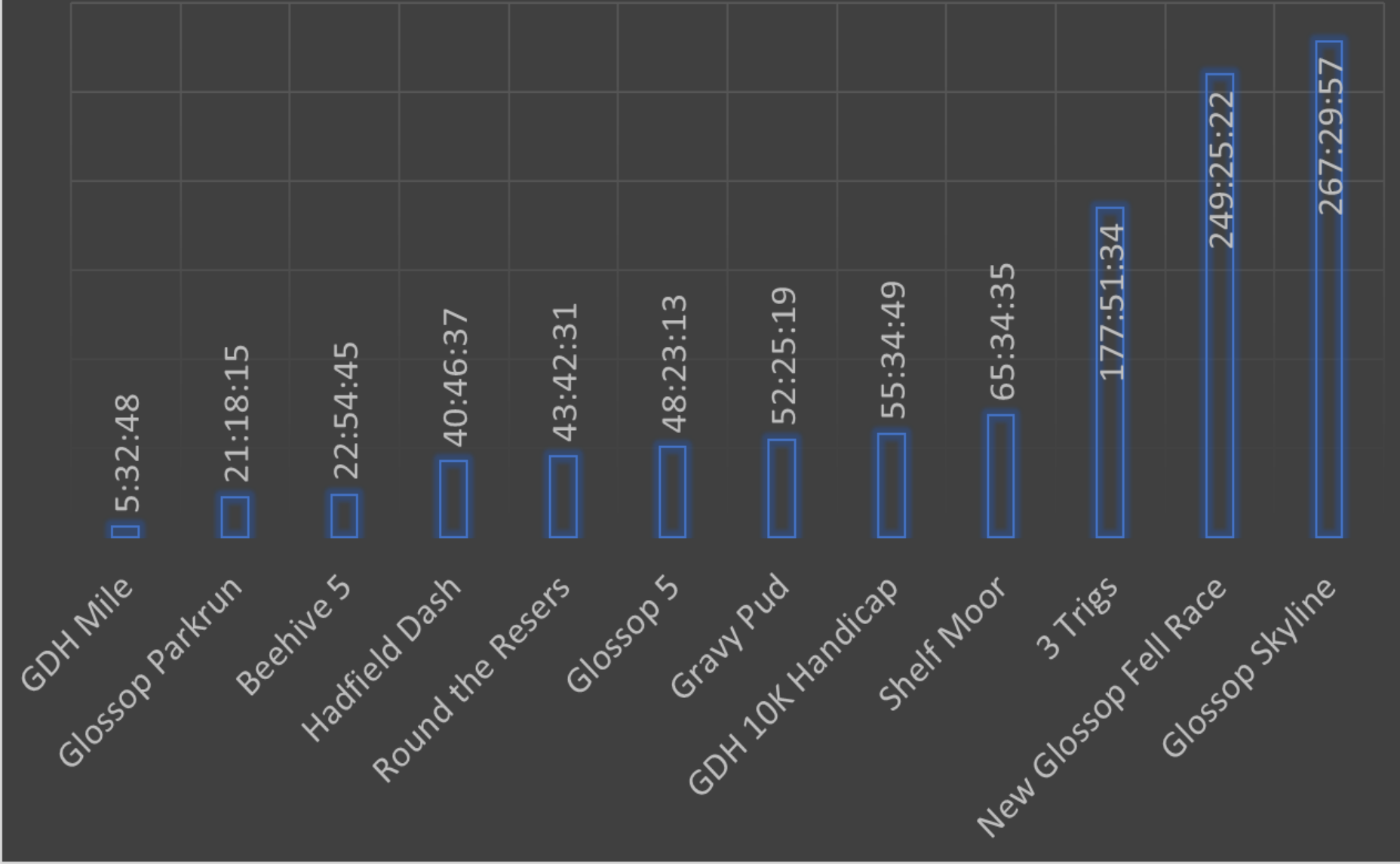


6.2 Miles x 500 ft

Mens Winner = Josh Southall (36:41)  
Womens Winner = Immy Trinder (43:53)



## Club Total Time per Race



- Total Time spent on the 2021 Champs = 1,050 hours (almost 44 days solid!)

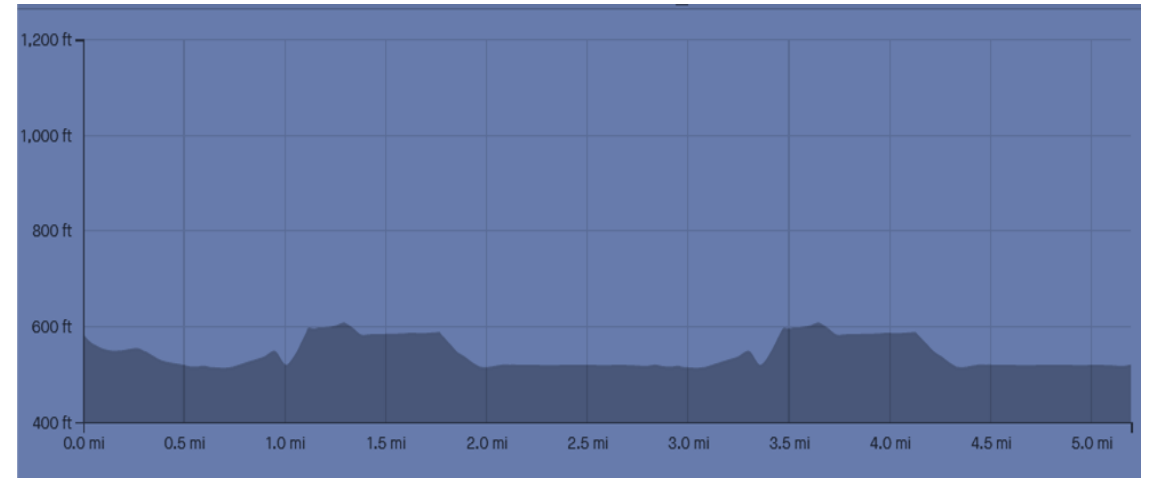
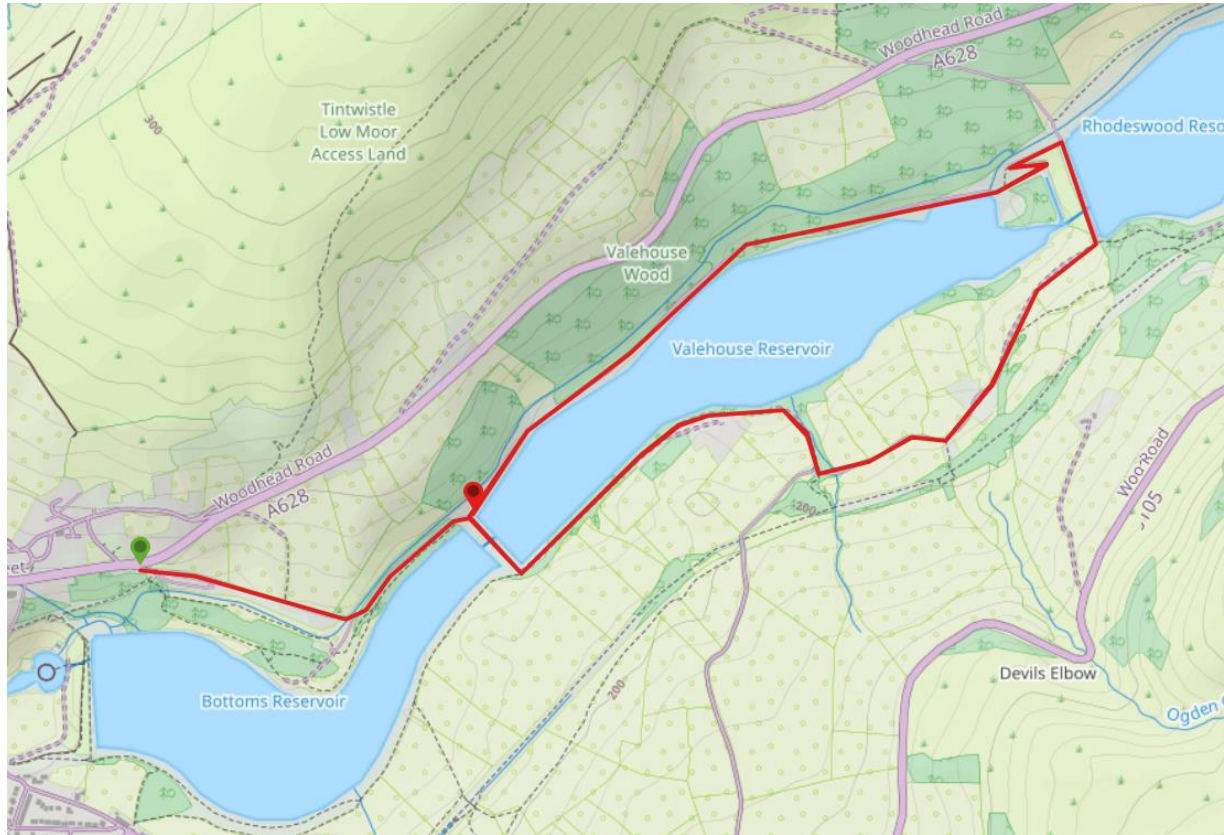
# June – Round the Resers



6.2 Miles x 500 ft

Mens Winner = Paul Peters (27:00)

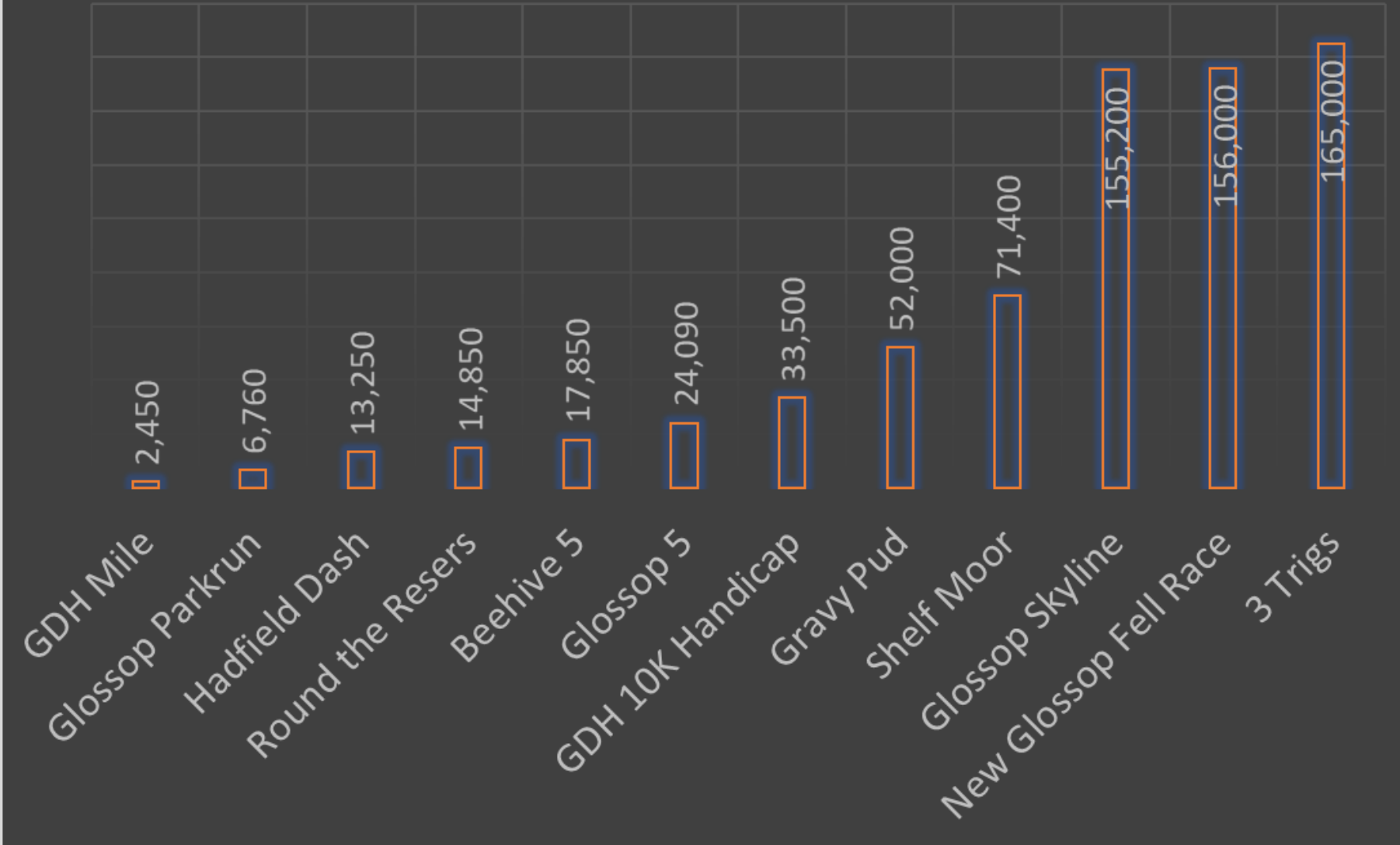
Womens Winner = Immy Trinder (35:54)







## Club Climb per Race (ft)



- Total Climb during the 2021 Champs = 712,000 feet (217,000 metres)

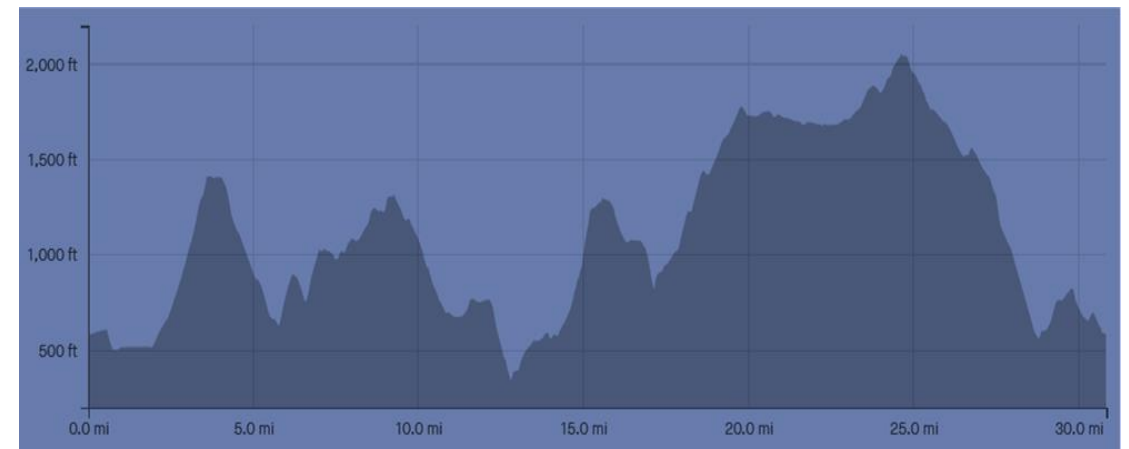
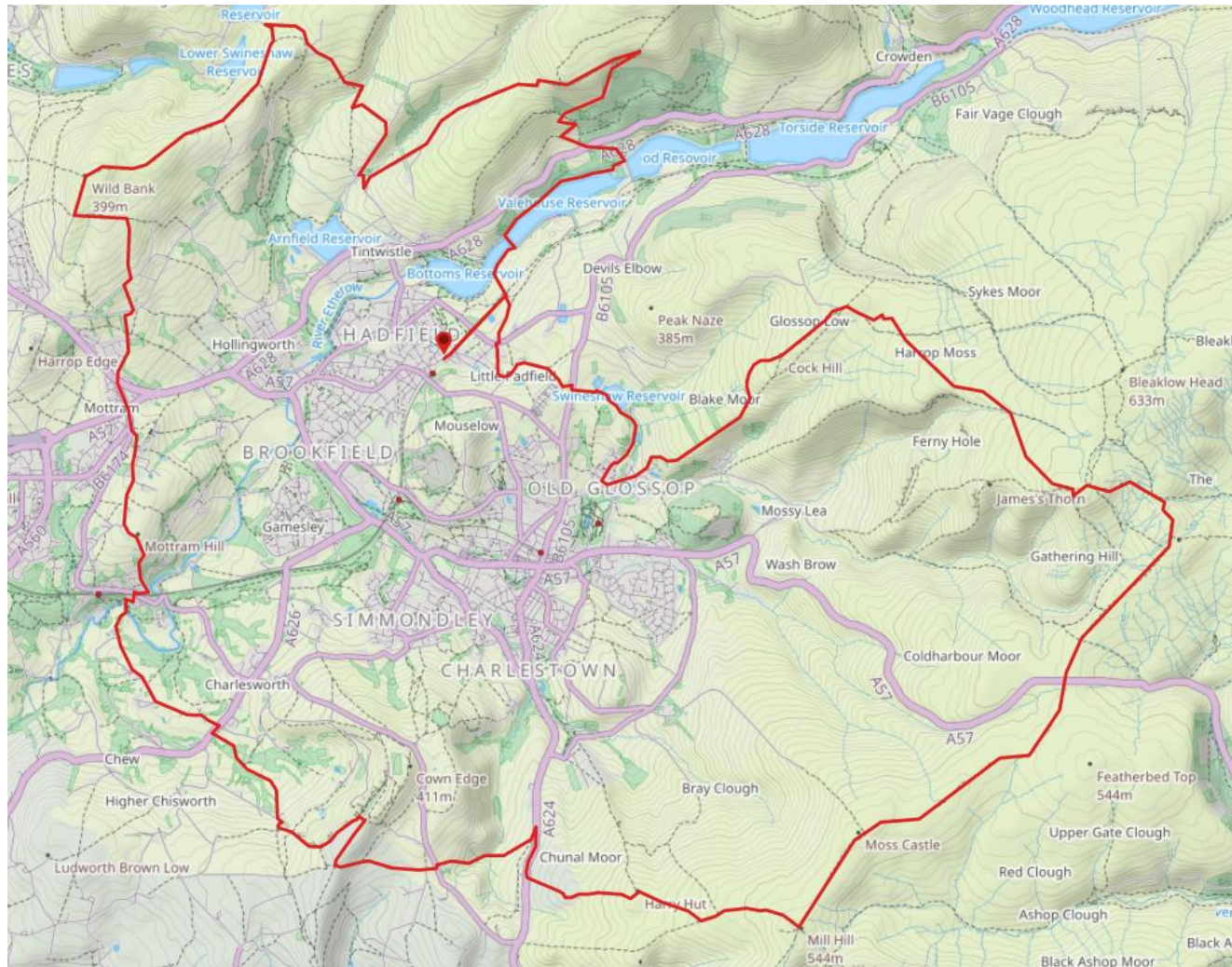
# July – Glossop Skyline



30 Miles x 4,850 ft

Mens Winner = Nat Hicks, Neal Bann (5:26:26)

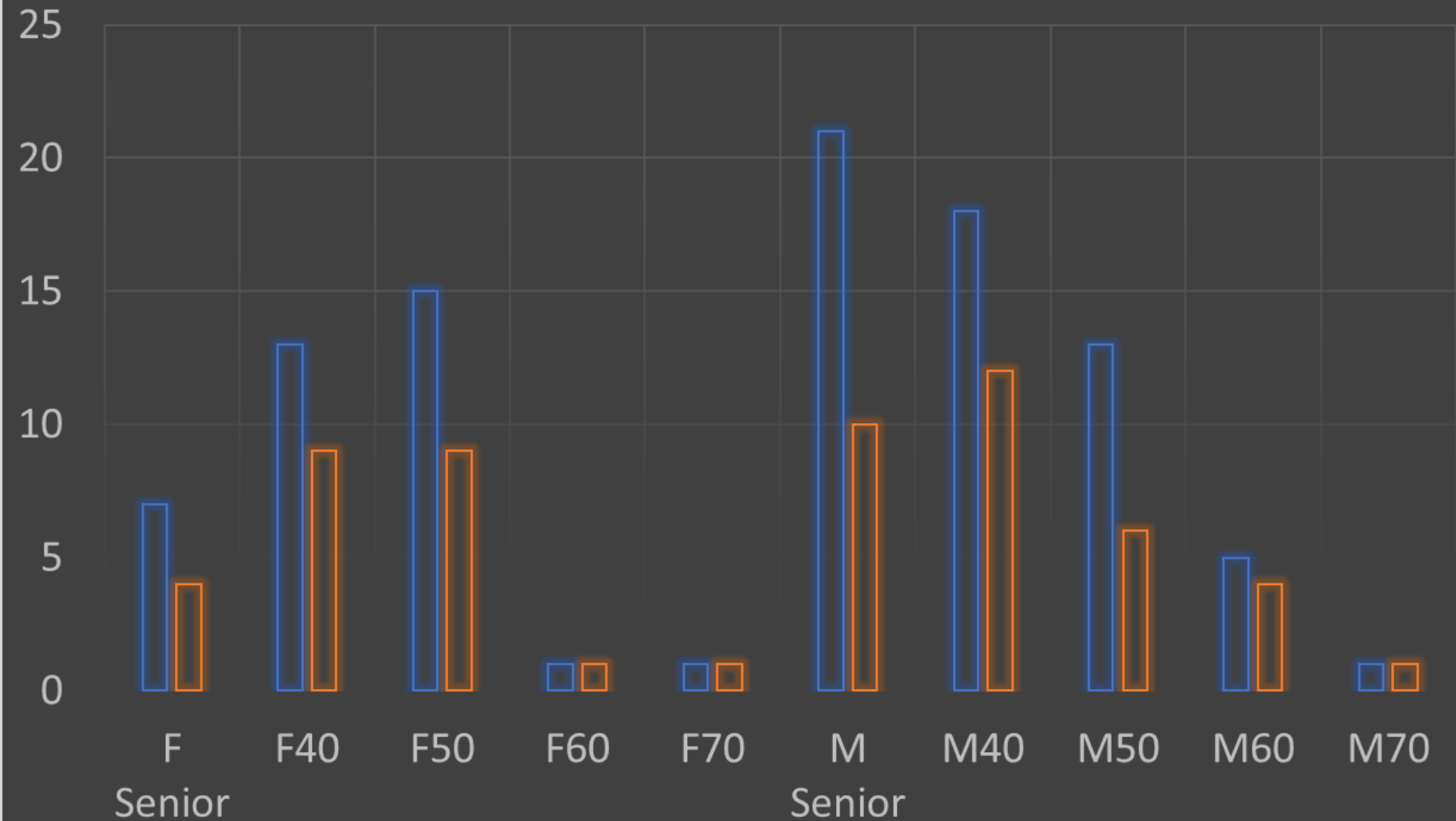
Womens Winner = Wioleta Wydrych(6:49:22)





## Age Category Participation & Qualification (Overall)

□ No Of Participants   □ No of Qualifiers



- M Senior had the highest number of participants.
- M40 had the highest number of qualifiers. Most competitive?



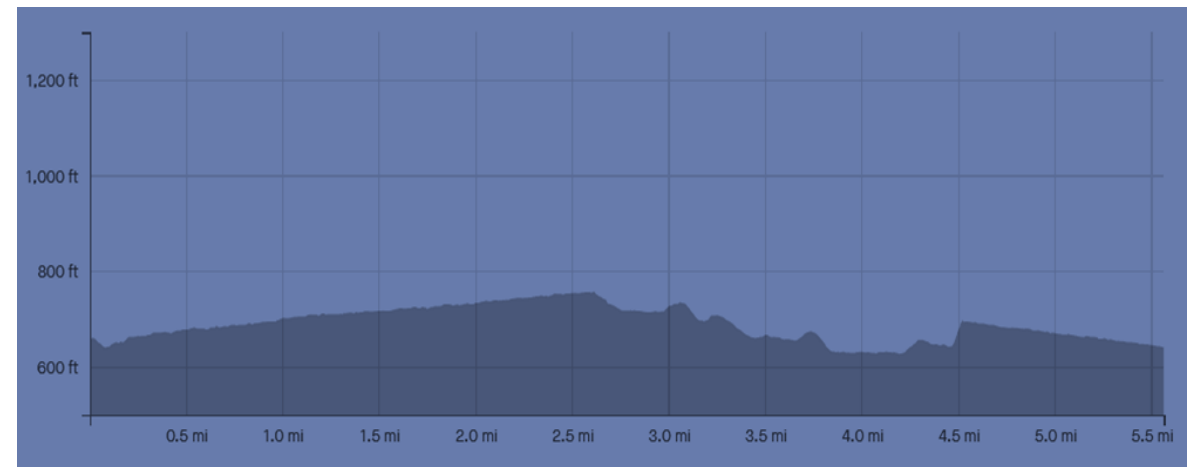
# August – Hadfield Dash



5.5 Miles x 250 ft

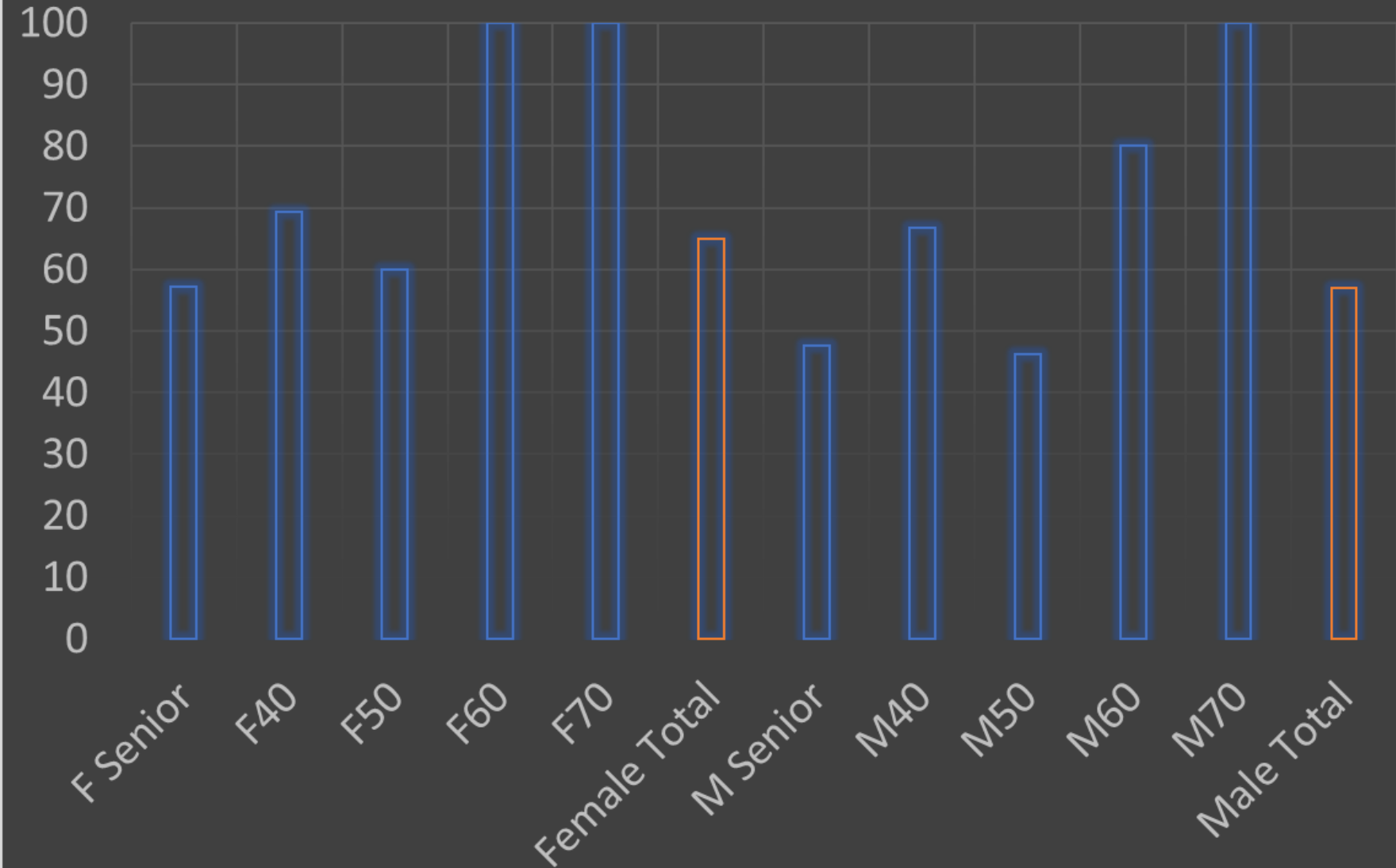
Mens Winner = Nat Hicks (34:16)

Womens Winner = Immy Trinder (41:21)





## % Qualified (Overall Champs)



- F60, F70 and M70 the “most committed” to the Champs.
- M50 the “least committed” closely followed by M Senior.
- Overall, the women were “more committed” (65%) than the men (57%).

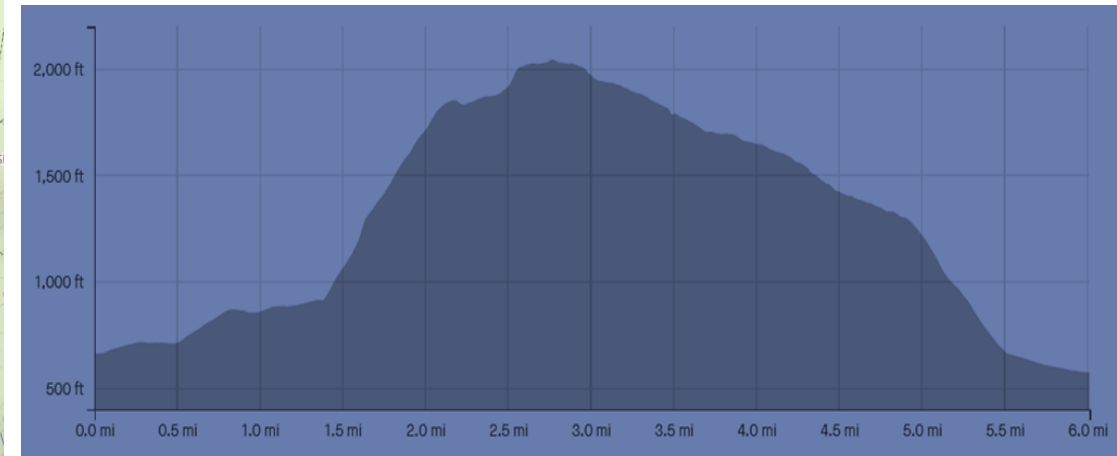
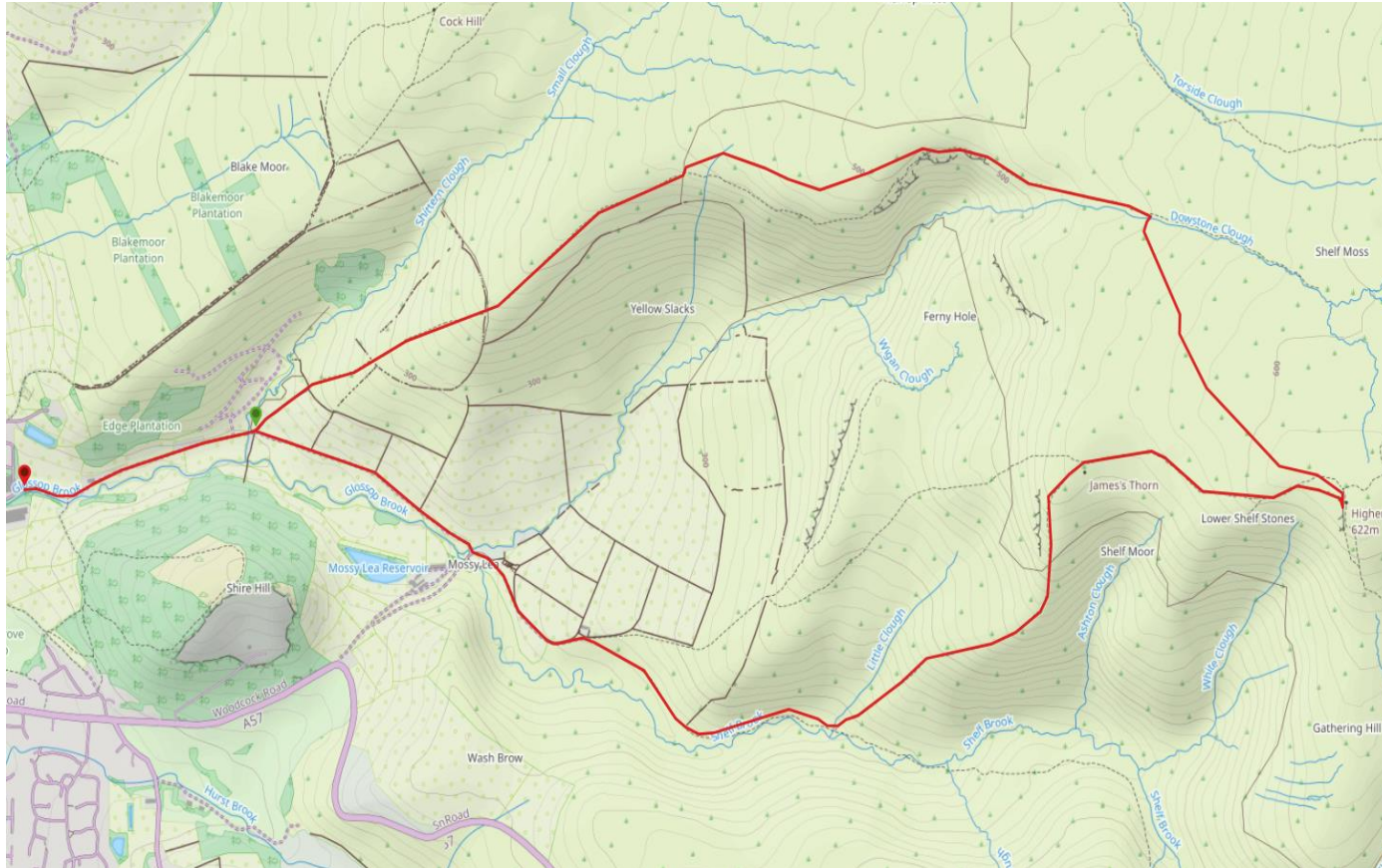
# September – JHM Shelf Moor



6 Miles x 1,400 ft

Mens Winner = Matt Bridges (48:29)

Womens Winner = Sarah Andrew (1:02:12)







## Average Club Pace, Mins / Mile



- GDH Mile gave the fastest mile splits, while NGFR yielded the slowest pace.

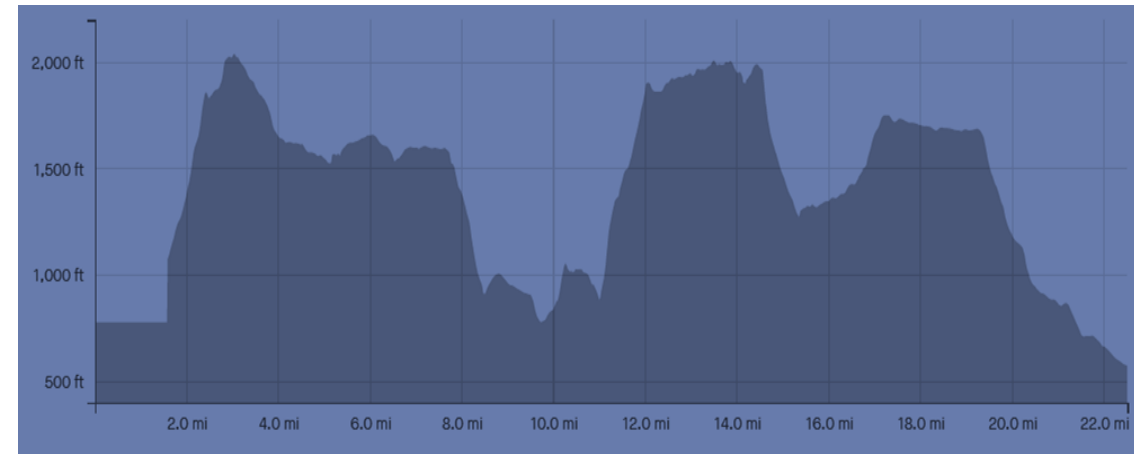
# October – New Glossop Fell Race



23 Miles x 4,000 ft

Mens Winner = Matt Bridges (4:09:30)

Womens Winner = Immy Trinder (5:02:42)







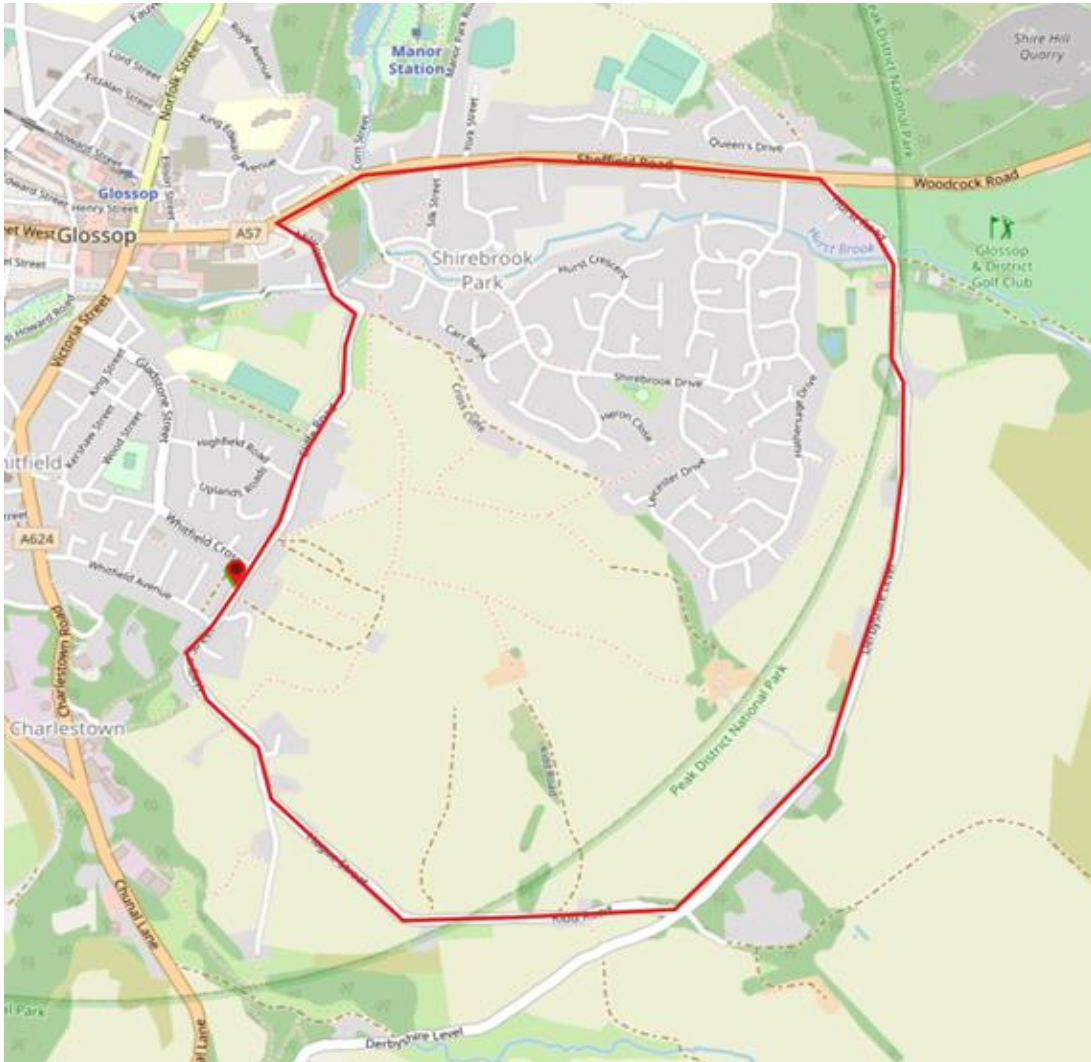
## Completers of Individual Disciplines (All 3 Races)



- Women were far more consistent in their participation.
- Trail had the largest number of completers
- Fell had the lowest number of completers (probable NGFR effect)



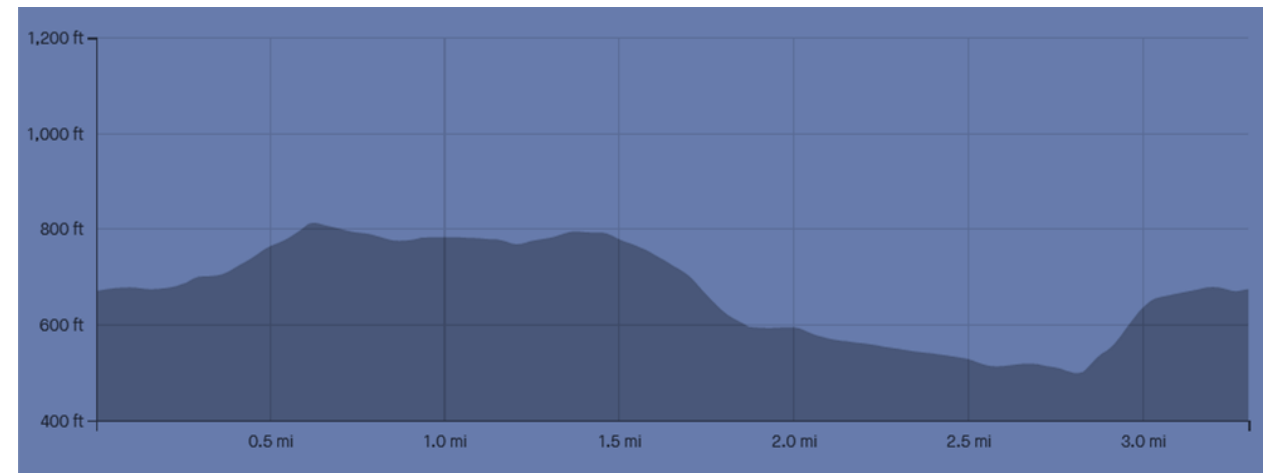
# November – Beehive 5



3.2 Miles x 350 ft

Mens Winner = Josh Southall (19:47)

Womens Winner = Immy Trinder (23:37)



# 2021 "All Stars" – All 12 Events Completed (17 Harriers)



(F50) Rebecca Ashworth  
(F50) Kate Bowden  
(F50) Charmayne Brierley  
(F50) Vicky Hamilton  
(F50) Alison Holt  
(F40) Amanda Holtey  
(F40) Marie Williamson  
(F) Immy Trinder  
(F) Wioleta Wydrych

(M60) Rob Murphy  
(M50) Sikobe Litaba  
(M40) Neal Bann  
(M40) Guy Riddell  
(M40) Paul Skuse  
(M) Alan Scholefield  
(M) Josh Southall  
(M) Rick Steckles

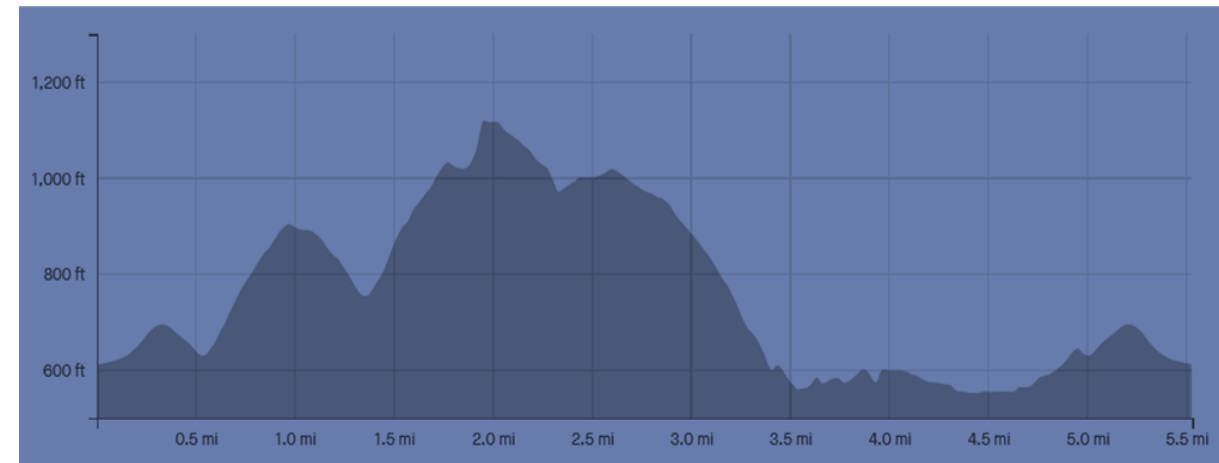
# December – Gravy Pud



5.5 Miles x 1,000 ft

Mens Winner = Josh Southall (39:45)

Womens Winner = Immy Trinder (49:04)





# Anytime – Mile & Glossop Parkrun



## Top 6 Fastest Miles M

Josh Southall	05:05
Matt Bridges	05:16
Sean Phillips	05:17
Simon Watts	05:23
Neal Bann	05:26
Paul Skuse	05:27

## Top 6 Fastest Miles F

Immy Trinder	06:11
Anne Williams	06:35
Kate Bowden	07:01
Wendy McMahon	07:01
Charlotte Bliss	07:03
Wioleta Wydrych	07:03

## parkrun

Mens Winner = Sean Philips (17:51)

Womens Winner = Immy Trinder (21:03)

# All Stars of the All Stars?



## **Charmayne Brierley**

Most Accumulated Time F = 29 Hours, 25 Minutes

## **Immy Trinder**

Highest Accumulated Points Total F = 357

## **Sikobe Litaba**

Most Accumulated Time M = 29 Hours, 58 Minutes

## **Rob Murphy**

Highest Accumulated Points Total M = 358