



GDH 2023 Championships						TRAIL		TRAIL		TRAIL	
						Mar (Tunnel & Back)		Jun (Marple 10K)		Oct (Langsett Loop)	
Name	Category	Category Position	Total Points	Cumulative Time	No of Races Completed	Points	Time	Points	Time	Points	Time
Bliss C	F Senior	1	59	2:33:14	2	30	01:38:49			29	00:54:25
Trinder I	F Senior	2	30	0:46:44	1					30	00:46:44
Brough C	F Senior	3	29	2:16:00	1	29	02:16:00				
Wydrych W	F Senior	4	28	2:23:03	1	28	02:23:03				
Walton R	F40	1	84	3:52:30	3	28	02:00:34	29	00:55:24	27	00:56:32
Holtey A	F40	2	83	4:13:55	3	26	02:20:46	28	00:59:02	29	00:54:07
McMahon W	F40	3	82	4:08:04	3	29	01:59:28	27	01:09:16	26	00:59:20
Williamson M	F40	4	79	4:39:23	3	25	02:23:03	26	01:20:01	28	00:56:19
Wasinski L	F40	5	60	2:16:40	2	30	01:37:33			30	00:39:07
Rettig E	F40	6	57	2:54:53	2	27	02:01:10	30	00:53:43		
Sproston R	F50	1	90	3:10:35	3	30	01:41:58	30	00:47:07	30	00:41:30
Brack J	F50	2	84	4:23:06	3	26	02:30:01	29	00:56:51	29	00:56:14
Brierley C	F50	3	83	4:42:35	3	27	02:28:57	28	01:15:00	28	00:58:38
Bowden K	F50	4	56	3:12:35	2	29	01:56:58	27	01:15:37		
Trelease W	F50	5	28	2:05:48	1	28	02:05:48				
Venton S	F60	1	89	3:54:55	3	30	02:01:16	29	01:02:59	30	00:50:40
Peters C	F60	2	88	3:53:41	3	29	02:01:51	30	01:00:36	29	00:51:14
Buckley B	F70	1	90	3:58:03	3	30	02:04:53	30	01:02:33	30	00:50:37
Kinsey S	M Junior	1	30	1:34:36	1	30	01:34:36				
Barnard J	M Senior	1	88	2:34:54	3	30	01:21:19	30	00:39:24	28	00:34:11
Southall Josh	M Senior	2	86	2:44:24	3	27	01:31:24	29	00:41:06	30	00:31:54
Bidwell L	M Senior	3	85	2:47:23	3	28	01:29:45	28	00:44:21	29	00:33:17
Tomlin P	M Senior	4	77	3:58:35	3	24	02:08:13	27	00:54:47	26	00:55:35
Knapper J	M Senior	5	56	2:05:20	2	29	01:27:32			27	00:37:48
Southall Jake	M Senior	6	26	1:31:55	1	26	01:31:55				
Nat Hicks	M Senior	7	25	0:56:41	1					25	00:56:41
Runagle E	M Senior	8	25	1:54:33	1	25	01:54:33				
Hamilton F	M40	1	88	2:41:35	3	30	01:25:24	30	00:41:06	28	00:35:05
Bann N	M40	2	84	2:51:43	3	28	01:32:49	27	00:44:19	29	00:34:35
Crutchley I	M40	3	77	3:02:41	3	25	01:38:18	25	00:46:08	27	00:38:15
Taylor C	M40	4	77	3:04:27	3	29	01:26:55	24	00:51:34	24	00:45:58
Riddell G	M40	5	74	3:10:52	3	27	01:37:02	22	00:53:15	25	00:40:35
Giussani R	M40	6	67	4:21:26	3	20	02:33:44	21	01:08:09	26	00:39:33
Rudd T	M40	7	49	2:26:28	2	23	01:40:42	26	00:45:46		
Stinton D	M40	8	46	1:39:25	2			23	00:52:38	23	00:46:47
Hamilton Griffiths L	M40	8	46	2:54:00	2	26	01:37:29	20	01:16:31		
Brown S	M40	9	30	0:33:47	1					30	00:33:47
Skuse P	M40	10	29	0:41:10	1			29	00:41:10		
Steckles R	M40	11	28	0:41:41	1			28	00:41:41		
Gaffney J	M40	12	24	1:38:32	1	24	01:38:32				
Kirkham S	M40	13	22	1:41:00	1	22	01:41:00				
Leaney J	M40	14	21	1:44:33	1	21	01:44:33				
Bramwell S	M50	1	90	2:41:29	3	30	01:25:01	30	00:42:40	30	00:33:48
Crookes T	M50	2	85	3:31:50	3	29	01:52:00	27	00:56:31	29	00:43:19
Jackson I	M50	3	84	3:34:07	3	28	01:57:17	28	00:51:45	28	00:45:05
Tainsh A	M50	4	82	3:54:47	3	26	02:17:16	29	00:51:22	27	00:46:09
Litaba S	M50	5	51	8:16:33	2	25	04:48:29	26	03:28:04		
Christie-Lowe D	M60	2	88	3:22:41	3	28	01:52:00	30	00:48:55	30	00:41:46
Peters J	M60	1	87	3:19:40	3	30	01:43:43	29	00:51:00	28	00:44:57
Murphy R	M60	3	86	3:22:40	3	29	01:45:48	28	00:53:27	29	00:43:25
Ham N	M60	4	79	3:53:48	3	27	02:04:23	26	00:59:09	26	00:50:16
Byrne A	M60	5	54	1:44:20	2			27	00:59:04	27	00:45:16
Stephenson J	M60	6	50	2:02:36	2			25	01:03:17	25	00:59:19
Fielding F	M70	1	90	3:56:58	3	30	01:55:31	30	01:16:31	30	00:44:56
Pollard J	M70	2	29	0:53:02	1					29	00:53:02

 Cat Winner  
 Cat Qualifier