

## Glossopdale Harriers

2023 Club Championship

#### A few Thankyou's.....

- Big Thanks to everyone that took part
- Thanks also to the Champs Sub Committee
  - Neal Bann
  - Luke Bidwell
  - Joanne Brack
  - Sean Collins
  - Ian Crutchley
  - Vicki Doyle
  - Guy Riddell
  - Immy Trinder
- Thanks to GDH Committee



#### 2023 – The Champs Races

- Gamesley 5K
- Tunnels & Back
- Kinder Downfall
- Triple Trifecta
- Marple Trail 10K
- Buxton 4

Between us:

- Multi-Terrain Ultra
- Tintwistle 3 Trigs
- Langsett Loop
- Women-Only Fell Race
- Flags of Doom
- Uphill Mile

3765 Miles (6,059km) 549,960 ft (167,628m) 704 Hours (>29 Days)



#### 2023 "All Stars" – All 12 Events Completed (16 Harriers)

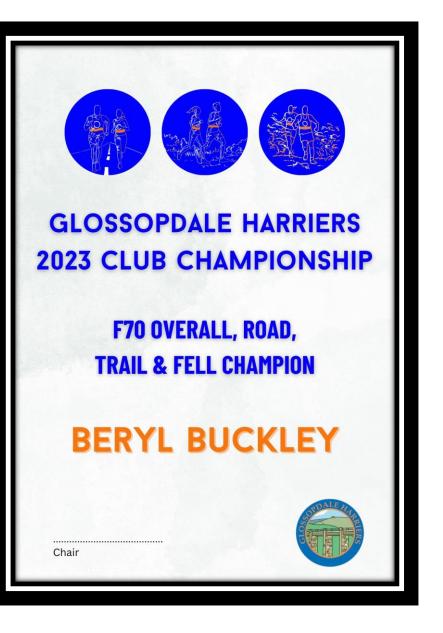
- (F70) Beryl Buckley
- (F60) Christine Peters
- (F60) Sue Venton
- (F50) Rachel Sproston
- (F40) Amanda Holtey
- (F40) Rachel Walton
- (F40) Marie Williamson

(M60) **Rob Murphy** (M60) Nick Ham (M50) lan Jackson (M50) Alan Tainsh Neal Bann (M40) (M40) Ian Crutchley (M40) **Riccardo Giussani** (M40) Guy Riddell James Barnard (M)



#### Winners & Qualifiers Gifts



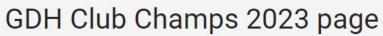


# Just@iving\* Menv & Start Fundraising Search Q. Log in Signup Image: Comparison of the start week E2000 Image: Comparison of the start week Image: Comparison of the start week





#### Joanne Brack



GDH members Club Champs, raising money for Glossop Mountain Rescue Team because of the fantastic work they do.

Event: GDH Virtual Championship 2023, from 1 February 2023 to 30 November 2023



Thanks for taking the time to visit our JustGiving page and thank you for all the donations last

#### Supporters

Share

Team

**Glossop Mountain Rescue** 

Charity Registration No. 1186862



year!



	F70	M70
Overall	Beryl Buckley	Frank Fielding
Road	Beryl Buckley	Frank Fielding
Fell	Beryl Buckley	Frank Fielding
Trail	Beryl Buckley	Frank Fielding

John Pollard



	F60	M60
Overall	Sue Venton	Rob Murphy
Road	<b>Christine Peters</b>	Rob Murphy
Fell	Sue Venton	Rob Murphy
Trail	Sue Venton	David Christie-Lowe

Alan Byrne Nick Ham Jeroen Peters



	F50
Overall	<b>Rachel Sproston</b>
Road	<b>Rachel Sproston</b>
Fell	<b>Rachel Sproston</b>
Trail	<b>Rachel Sproston</b>

 H YI
M50
Ian Jackson
Tim Crookes
Ian Jackson
Stefan Bramwell

Jo Brack Charmayne Brierley Alan Tainsh



	F40
Overall	Rachel Walton
Road	Rachel Walton
Fell	Zoe Barton
Trail	<b>Rachel Walton</b>

Ian Crutchley Riccardo Giussani Lance Hamilton-Griffiths Amanda Holtey

Emma Rettig Guy Riddell Daniel Stinton Colin Taylor Lucy Wasinski Marie Williamson

M40

Neal Bann

**Frank Hamilton** 

**Steve Brown** 

**Frank Hamilton** 

# Senior



	F Senior	M Senior
Overall	Charlotte Bliss	James Barnard
Road	NA	James Barnard
Fell	NA	James Barnard
Trail	NA	James Barnard

Luke Bidwell Josh Southall Pete Tomlin Immy Trinder

## Junior



	M Junior
Overall	Seb Kinsey
Road	NA
Fell	NA
Trail	NA

#### **Overall Champions 2023**



#### • Female : Rachel Sproston

• Cumulative time: 17:57:42

#### • Male: James Barnard

• Cumulative time: 13:48:31

#### Age Grade Champion 2023



Top 3, in reverse order:

3. James Barnard 80.26%

2. Neal Bann 80.35%

**1. Beryl Buckley 93.87%** 

## 2024 Club Championships



- Preparations will soon start for 2024!
- A place has opened on the Champs Committee, so if interested to get involved, please let us know.
- Rest up, enjoy the break, but be ready. 2024 Champs will commence 1st February.

## The Spirit of John Hewitt Award

 John Hewitt (August 1962 - March 2018) was our chairman for ten years, and a great mentor to many of us. He worked to live, not the other way round. He had a great enthusiasm for fell racing, and was famous for starting hard, running himself ragged and quite often blowing up before the end of the race. Mostly though he loved a long day in the hills with enough kit and food for two, to be with friends and family, and wherever possible to end the day in a pub.





#### The Spirit of John Hewitt Award

• Friends of GDH at Carnethy Hill Running Club in Scotland donated the Spirit of John Hewitt trophy to be given to a Glossopdale Harrier who either/both:-

• "..raced and ran in events in Scotland, or is a member who embraces and supports hill running in the true spirit of John, as he was instrumental in encouraging many of us in the club and elsewhere to get out running and racing on the hills"

• Another of John's enduring legacies is that he encouraged women to join our club and to experience the highs and lows of fell running. Thanks in no small part to his influence, women are thriving and growing in our current membership.

• The trophy is awarded annually

## The Spirit of John Hewitt Award

Previous winners:

- 2018 Mark Davenport
- 2019 Lance Hamilton-Griffiths
- 2020 Ian Crutchley
- 2021 Wioleta Wydrych
- 2022 Neal Bann
- And the 2023 winner is..... Beryl Buckley





#### The Bombed Out Trophy



Previous winners:

- 2014 Carl Bedson
- 2015 John Hewitt
- 2016 Rich White
- 2017 Tim Culshaw
- 2018 Greg Wasinski
- 2019 Nicola Pennington
- 2020 Paul Skuse
- 2021 Josh Southall
- 2022 Ben Hartley
- And the 2023 winner is..... Neal Bann



#### The Lantern Rouge Award



• A new award, given to those with the longest Cumulative time in the Champs.

# Ian Jackson Most Accumulated Time M (Excluding Multi-day Ultra Runners) = 21 Hours, 1 Minutes

#### **Amanda Holtey**

Most Accumulated Time F (Excluding Multi-day Ultra Runners) = 26 Hours, 48 Minutes