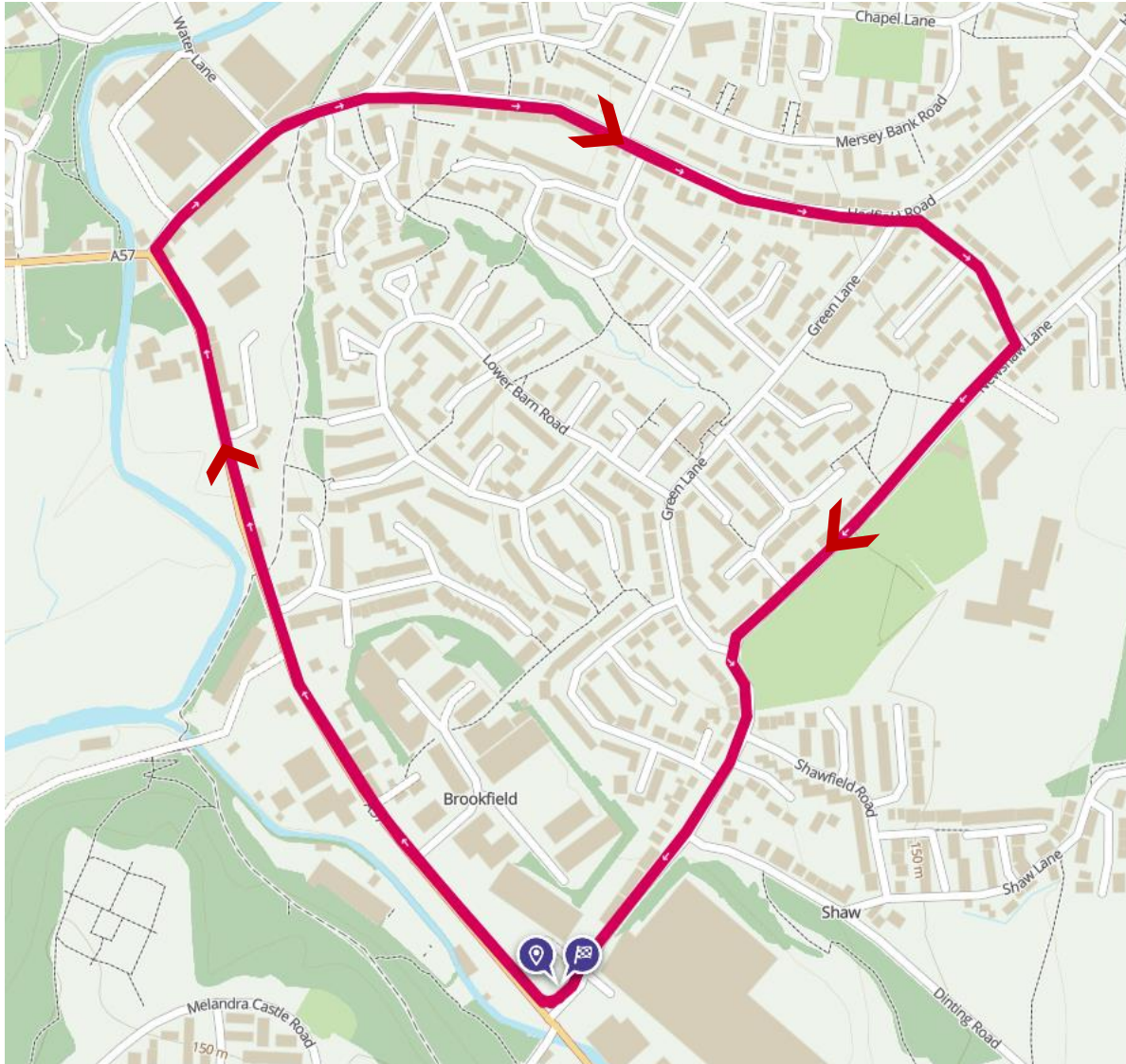




2024 Club Championships

By the Numbers.....

February 2024 – The Screwfix 6



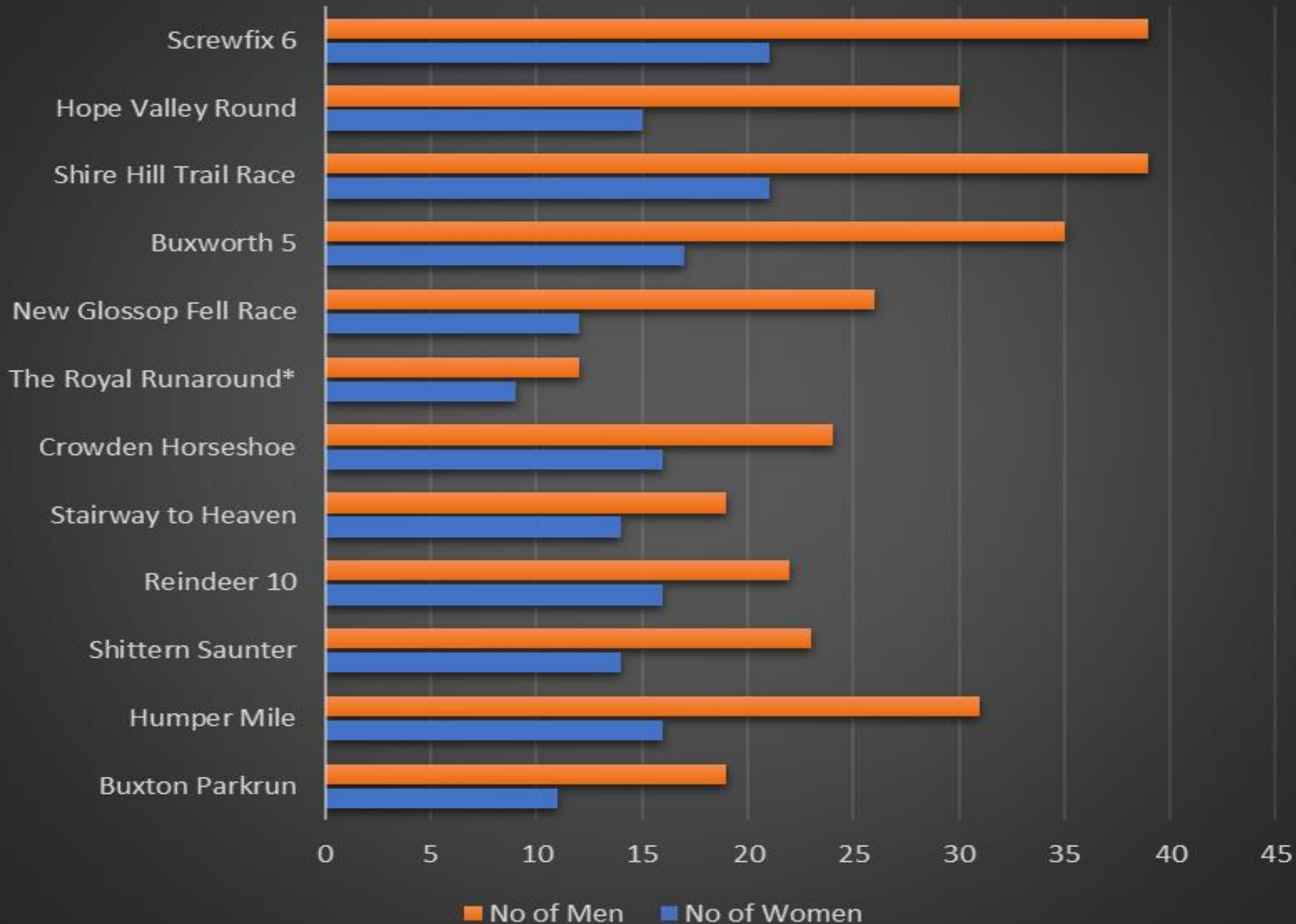
Discipline = Road
3.75 Miles x 210 ft

Mens Winner =
Stefan Bramwell (21:42)
Womens Winner =
Immy Trinder (24:19)

Number of Participants M/W



- 81 Harriers ran 1 race or more.
- Screwfix 6 and Shire Hill had the highest combined participation (both 61 Harriers).

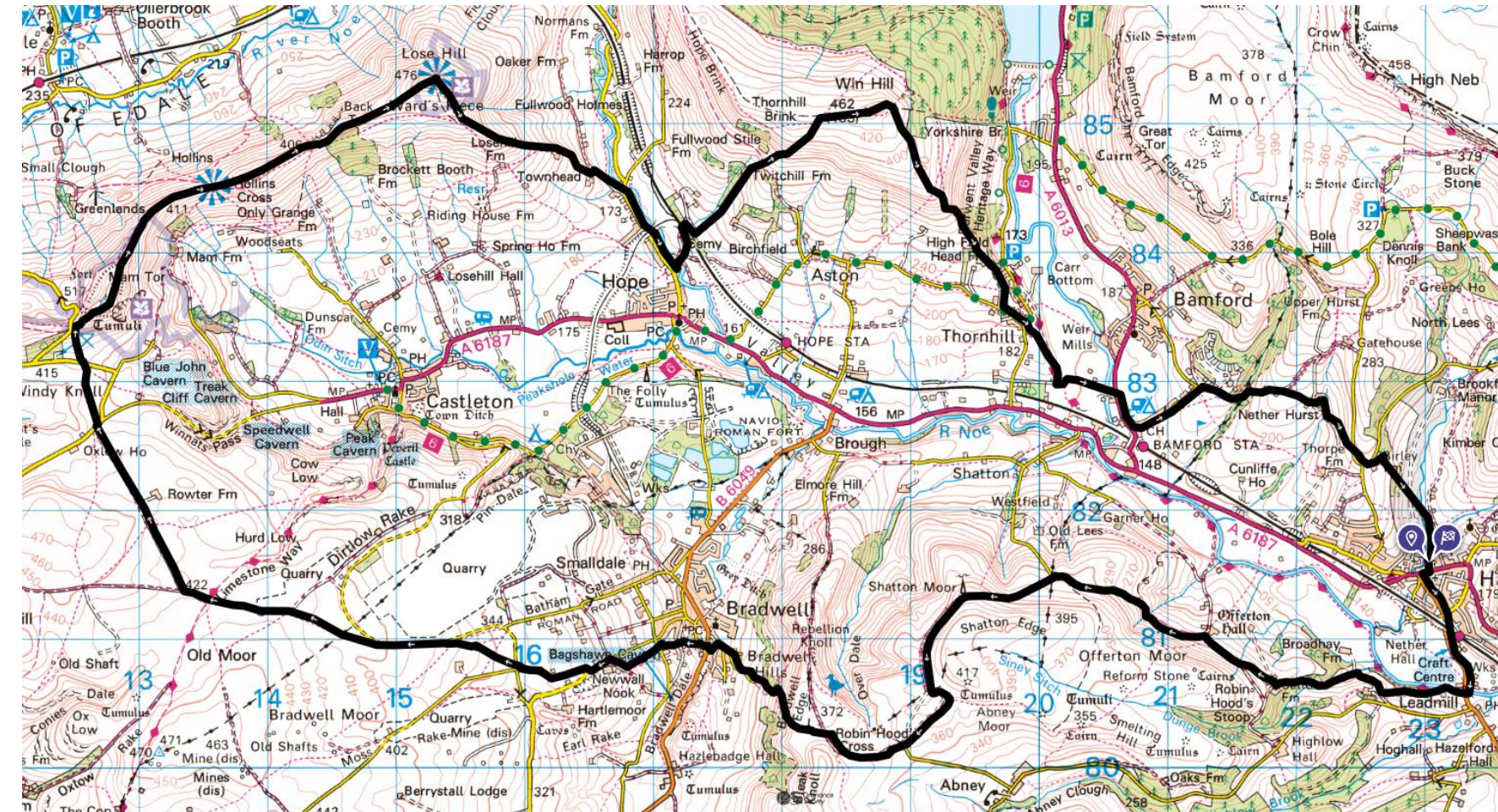


March 2024 – The Outside Hope Valley Round

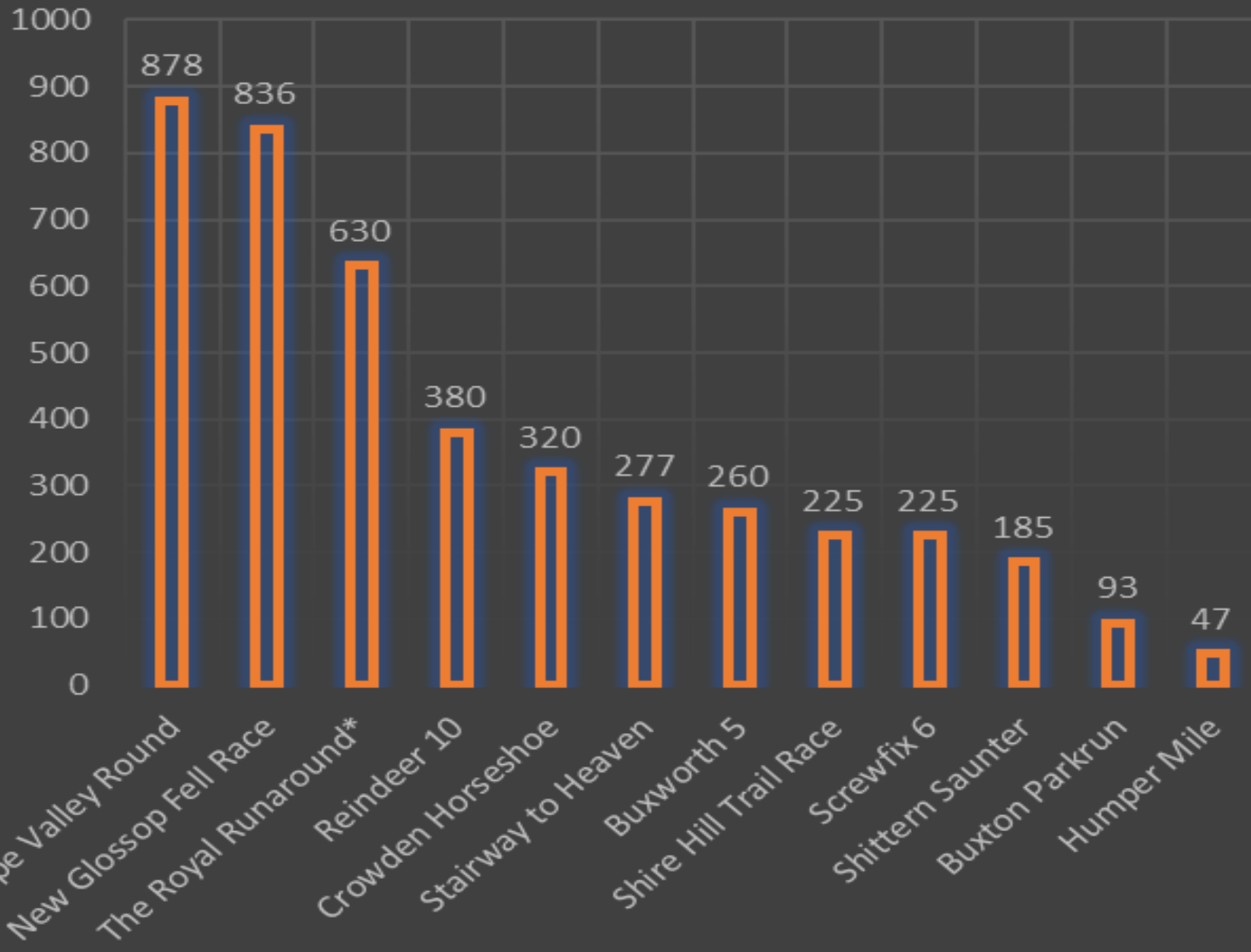


Discipline = Trail
19.5 Miles x 4,300 ft

Mens Winner =
Jake Southall (2:53:53)
Womens Winner =
Immy Trinder (3:50:57)

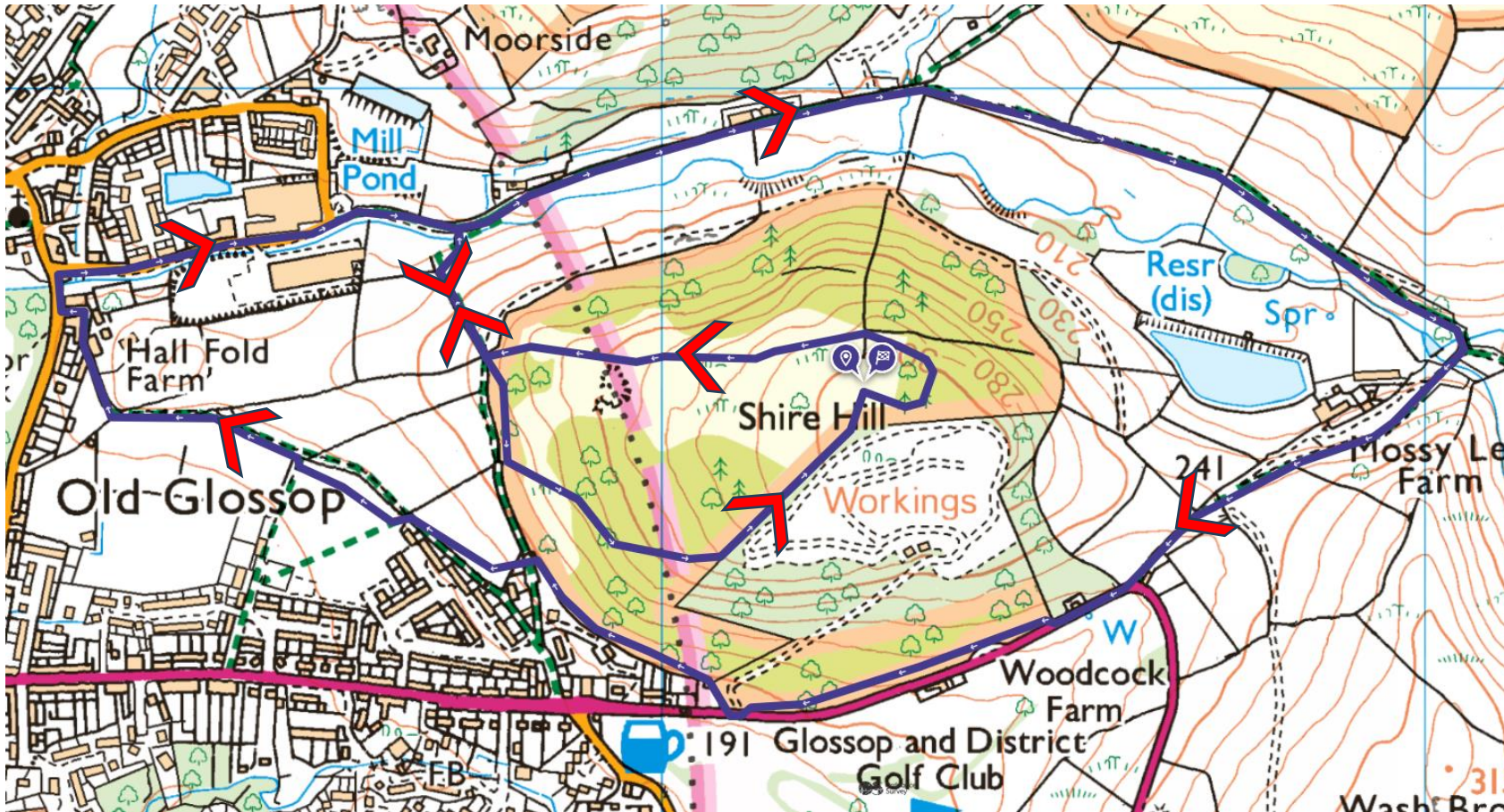


Club Mileage per Race



- Total miles covered in the 2024 Champs = 4,356 miles (7,010km)

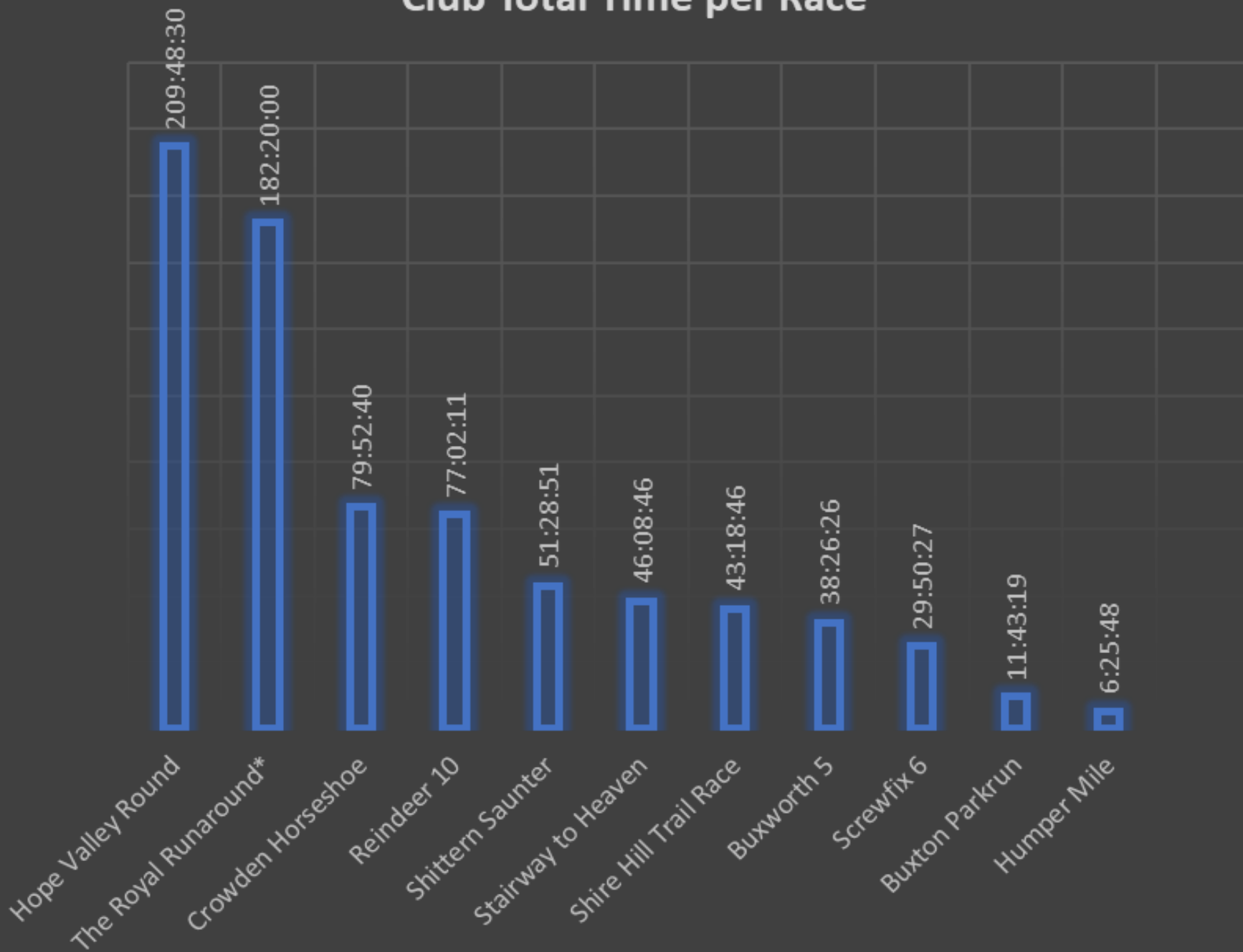
April 2024 – Shire Hill Trail Race



Discipline = Trail
3.75 Miles x 750 ft

Mens Winner =
Josh Williams (27:13)
Womens Winner =
Wioleta Wydrych (40:05)

Club Total Time per Race



- Total Time spent on the 2024 Champs = 1050 hours (44 days solid!)

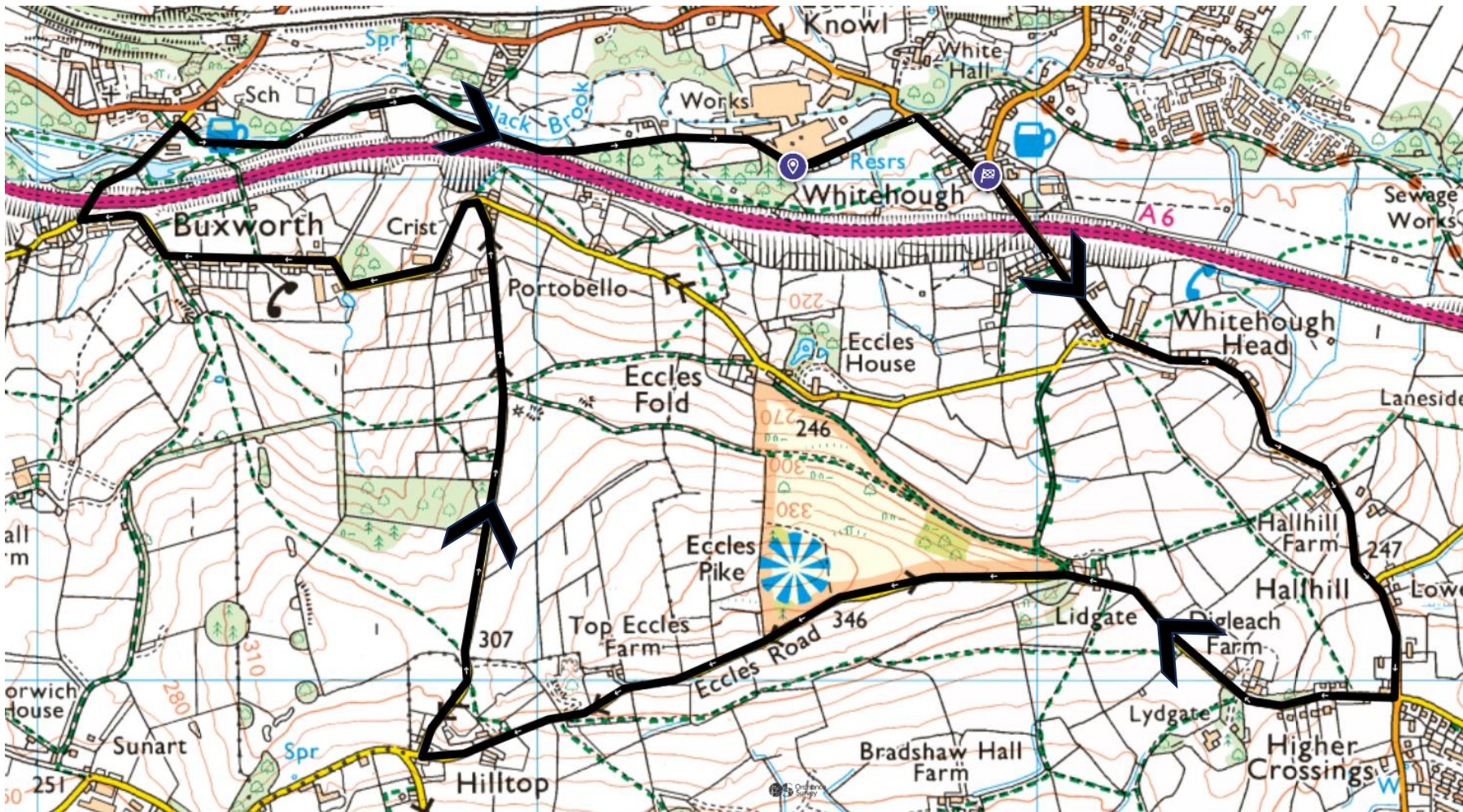
*Total time is excluding multiday Ultra completions, but adding these 7 people at average completion time of 8.3 hours

May 2024 – Buxworth 5

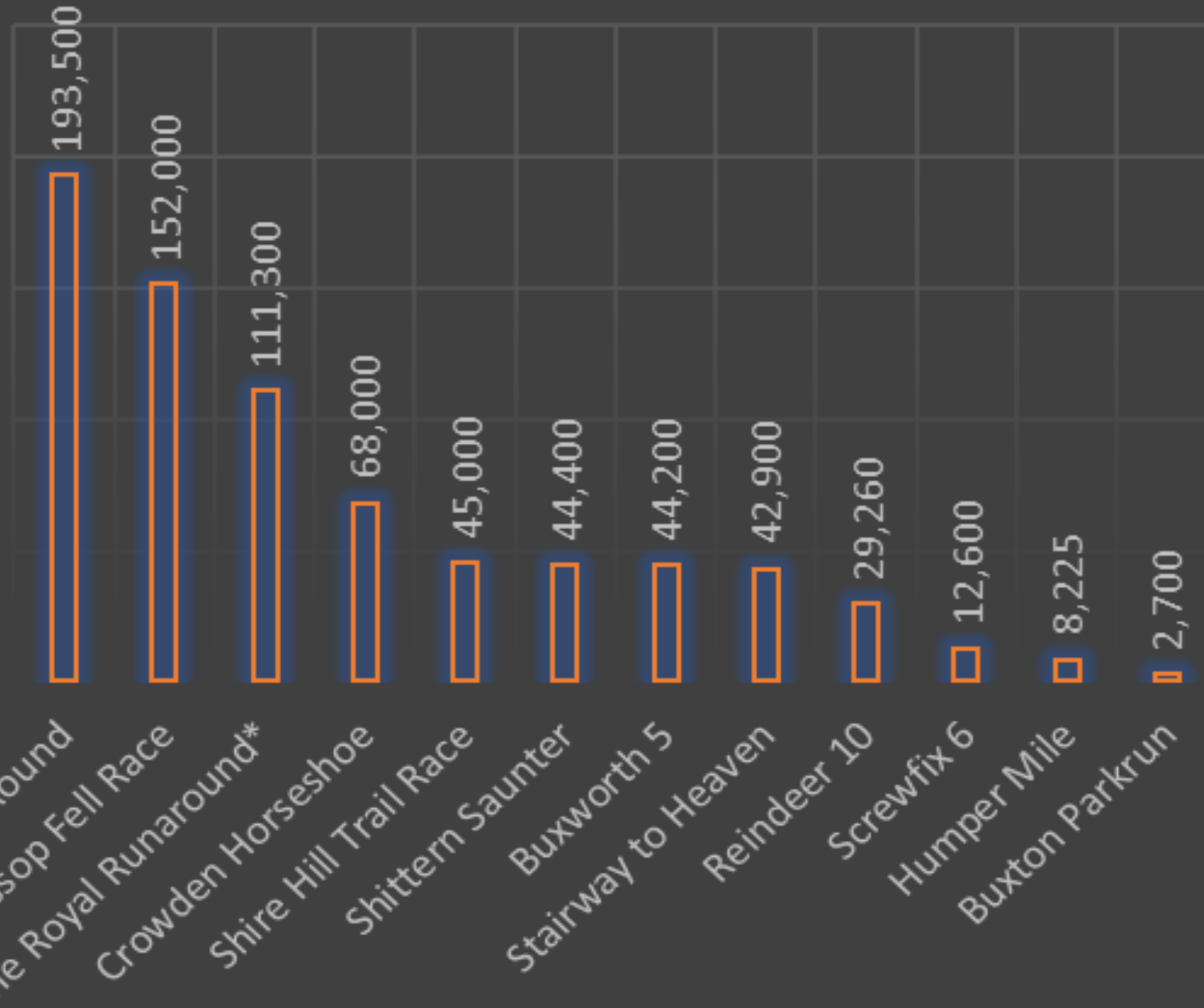


Discipline = Road
5 Miles x 850 ft

Mens Winner =
Luke Bidwell (31:59)
Womens Winner =
Immy Trinder (34:37)

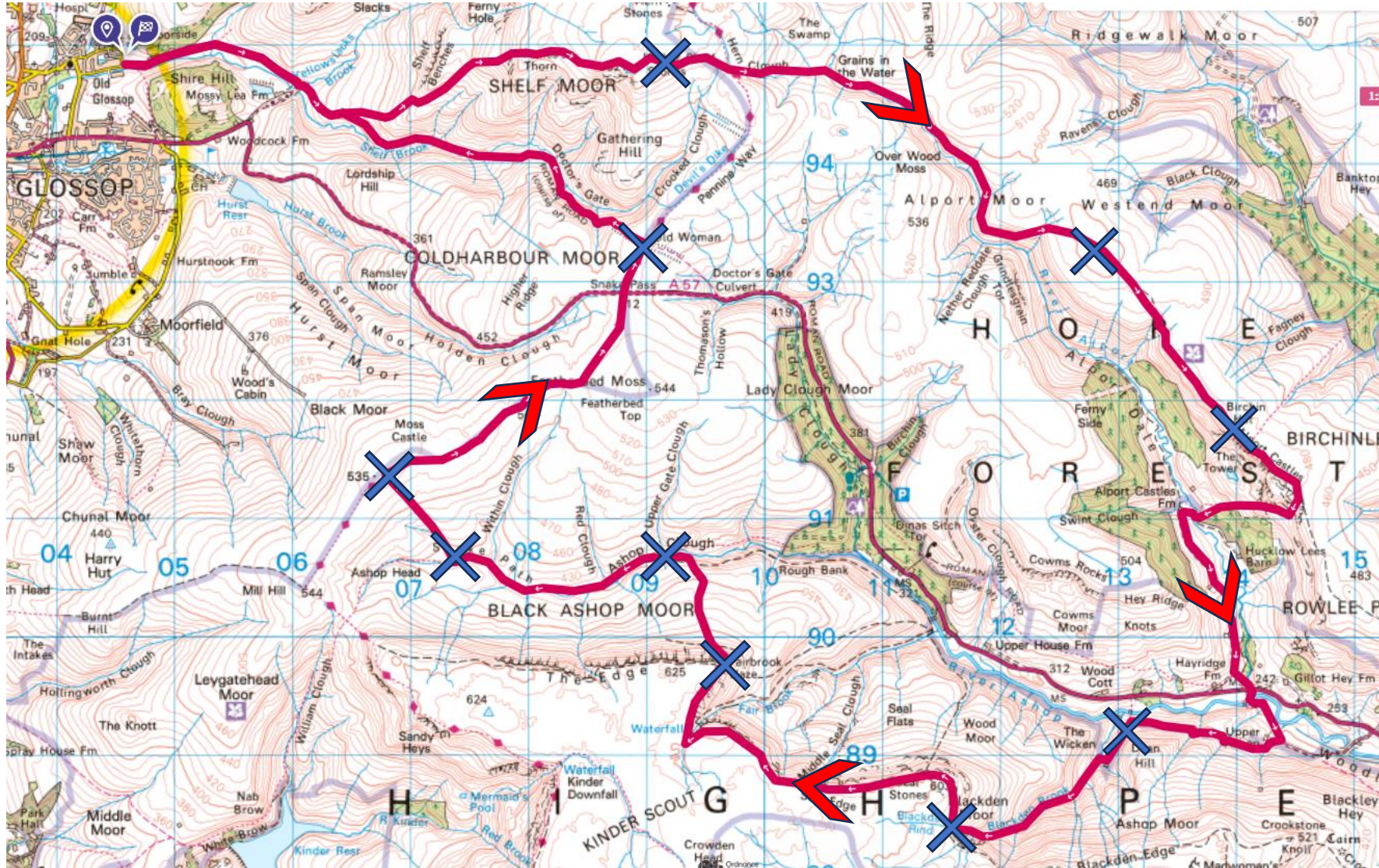


Club Total Climb per Race (ft)



- Total Climb during the 2024 Champs = 754,085 feet (229,845 metres).
- Almost 26 times up Mount Everest from sea level.

June 2024 – New Glossop Fell Race



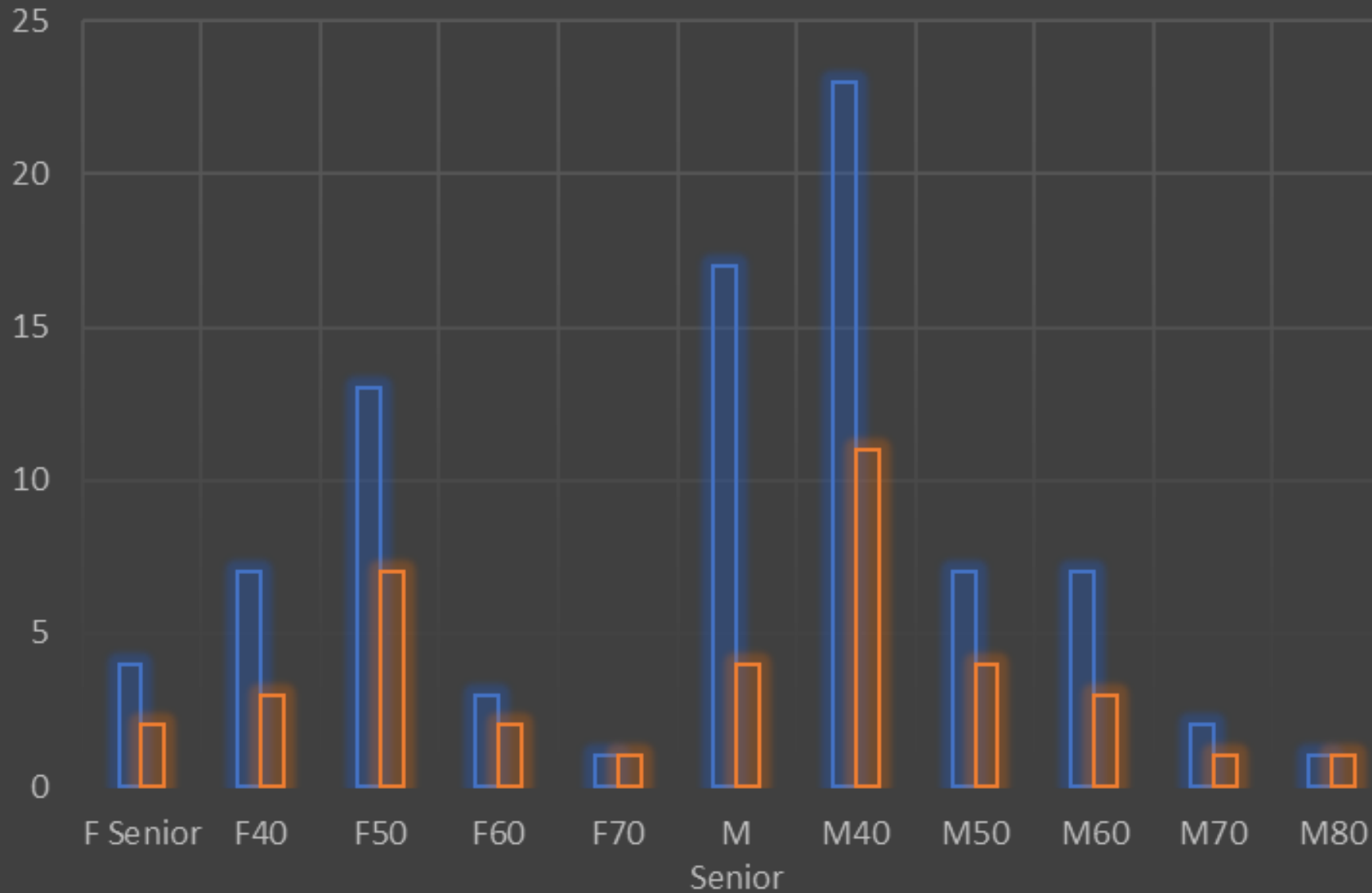
Discipline = Fell
22 Miles x 4,000 ft

Mens Winner =
Josh Southall (4:11:50)
Womens Winner =
Immy Trinder (4:38:17)

Age Category Participation & Qualification

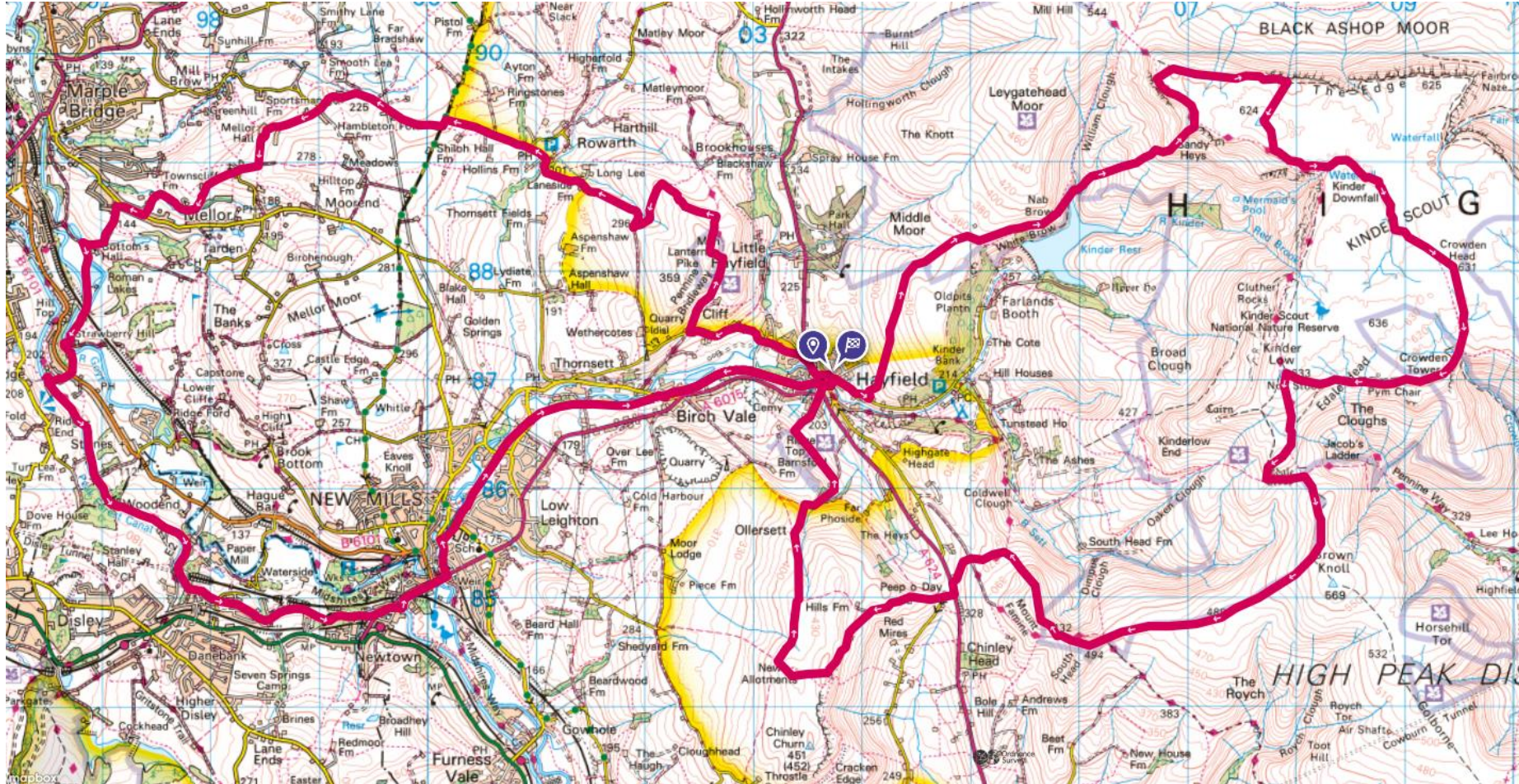


■ No Of Participants ■ No of Qualifiers



- M40 and F50 had the highest number of participants and qualifiers.

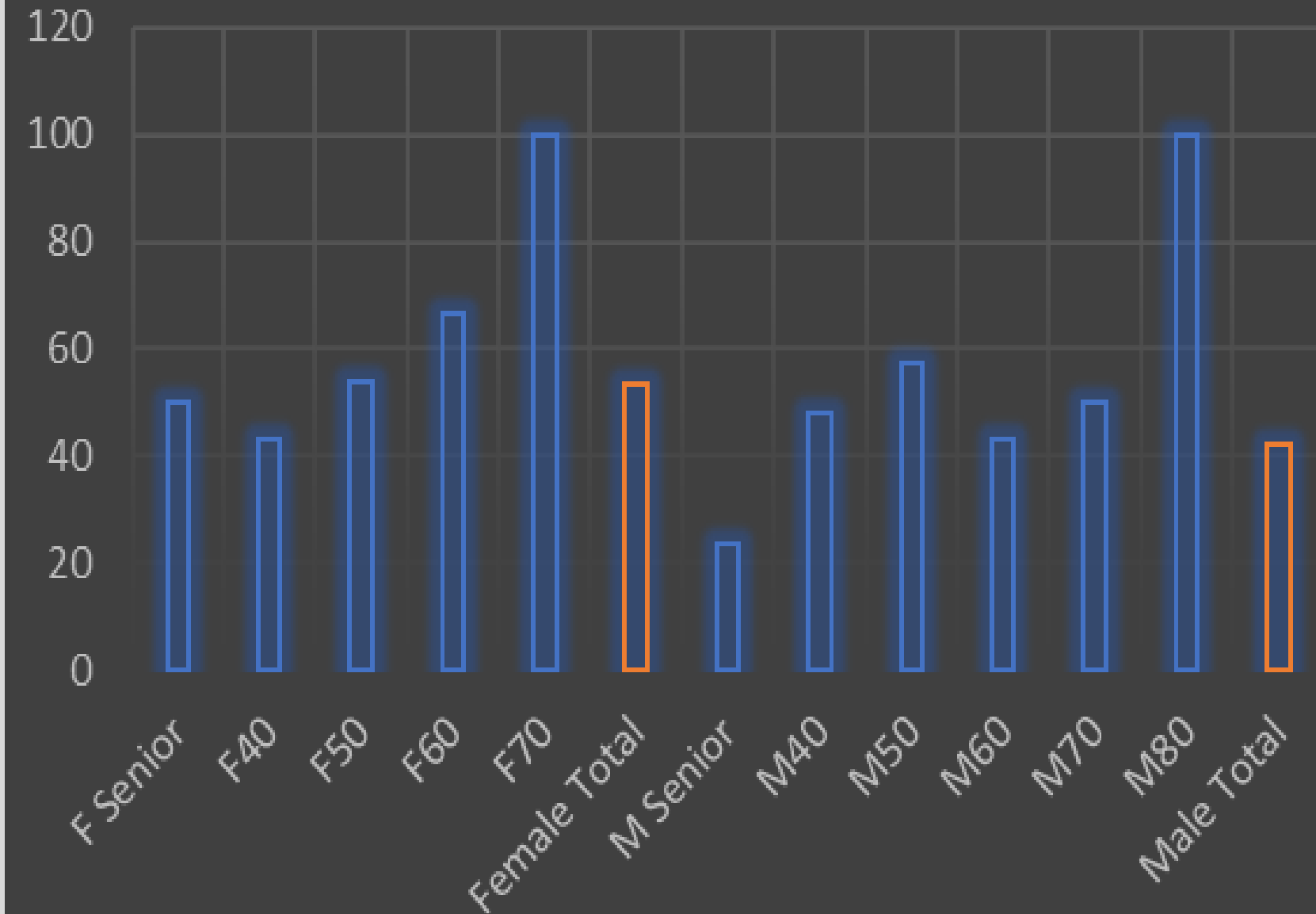
July 2024 – The Royal Runaround (Ultra)



Discipline = Ultra
2 x 15 Miles
5,300 ft

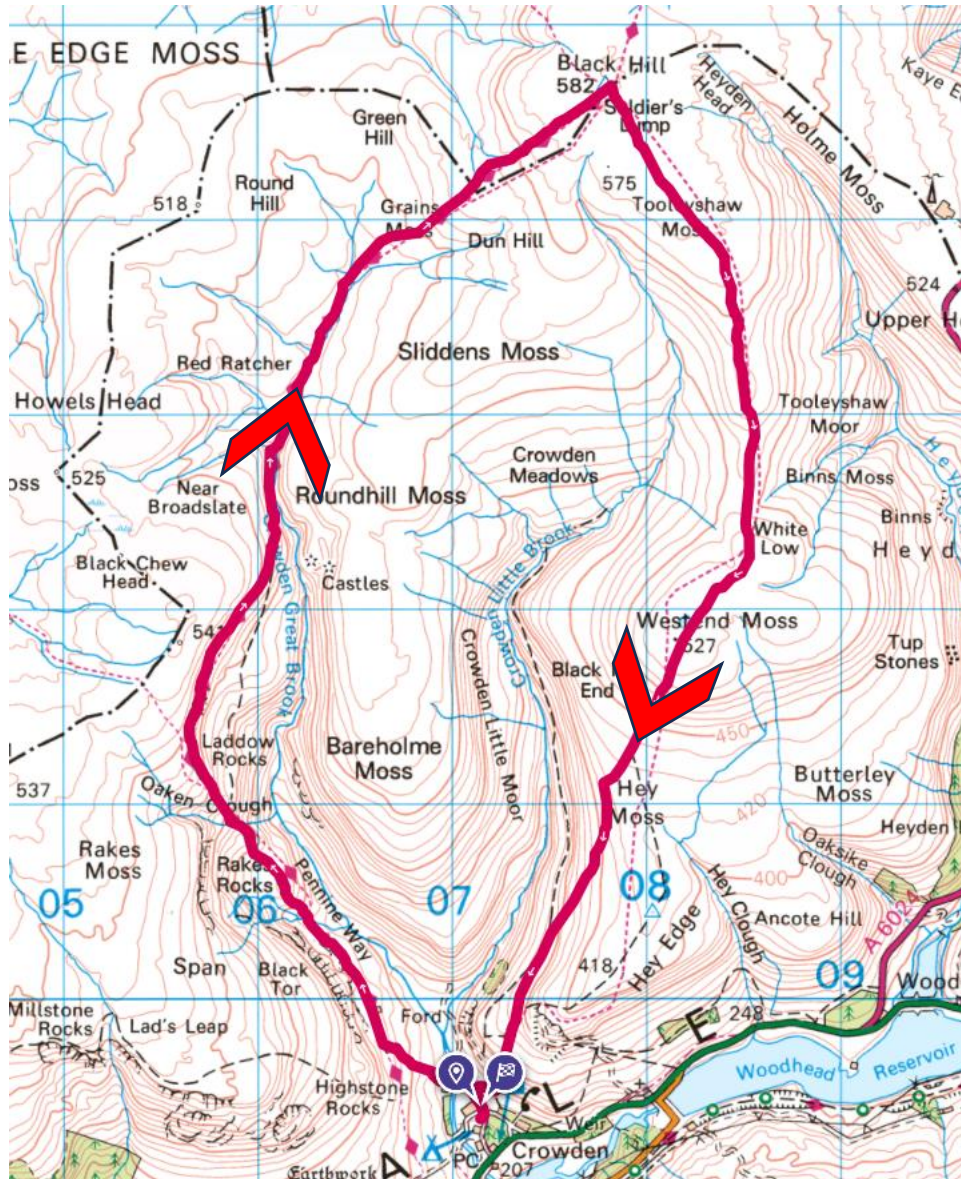
Mens Winner =
Rick Steckles (5:42:12)
Womens Winner =
Immy Trinder (5:56:21)

% Qualified (Overall Champs)



- Overall, the Women were “more committed” (54%) than the Men (42%).

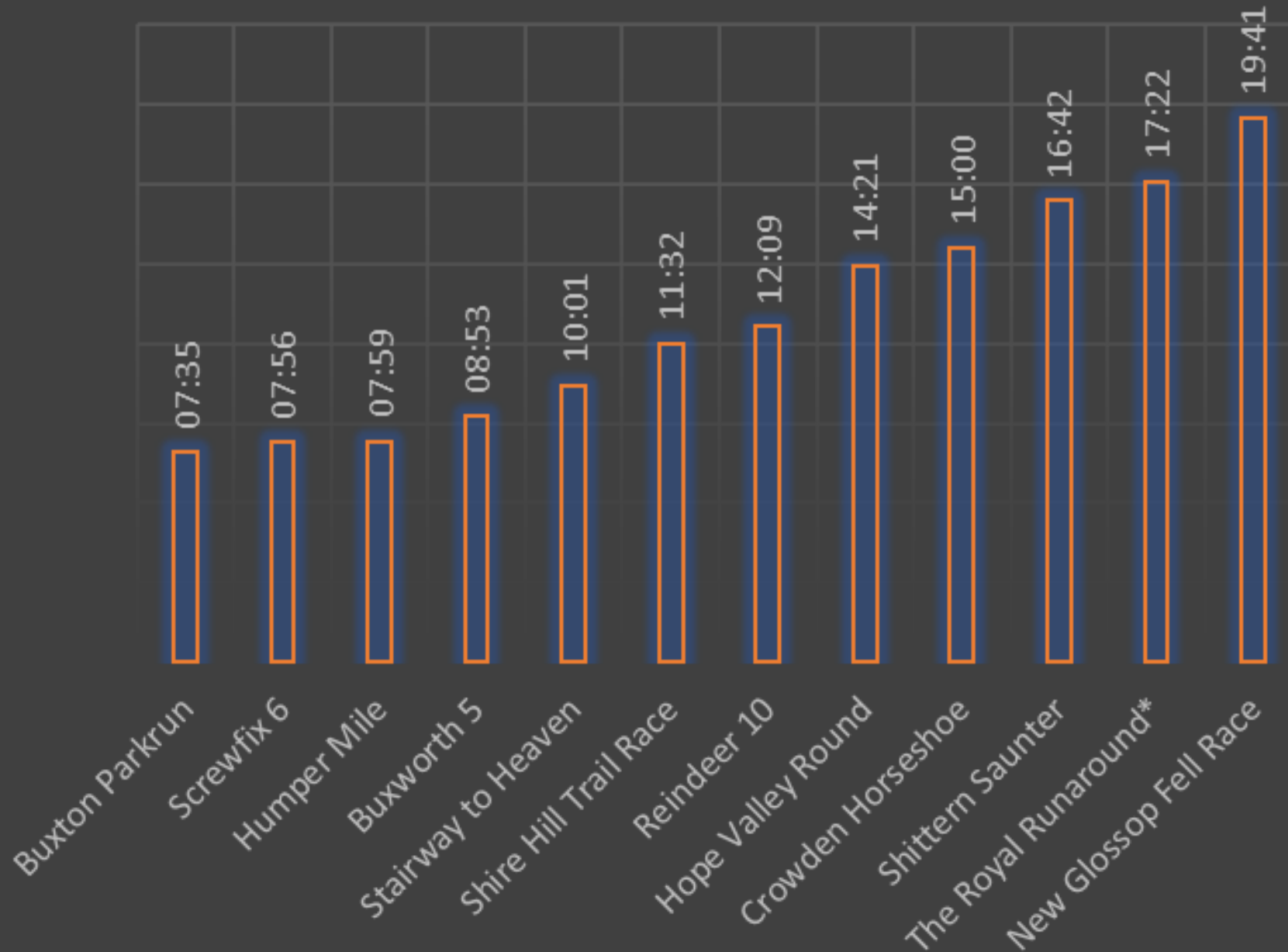
August 2024 – Crowden Horseshoe



Discipline = Fell
8 Miles x 1,700 ft

Mens Winner =
Stefan Bramwell (1:11:24)
Womens Winner =
Rachel Sproston (1:37:41)

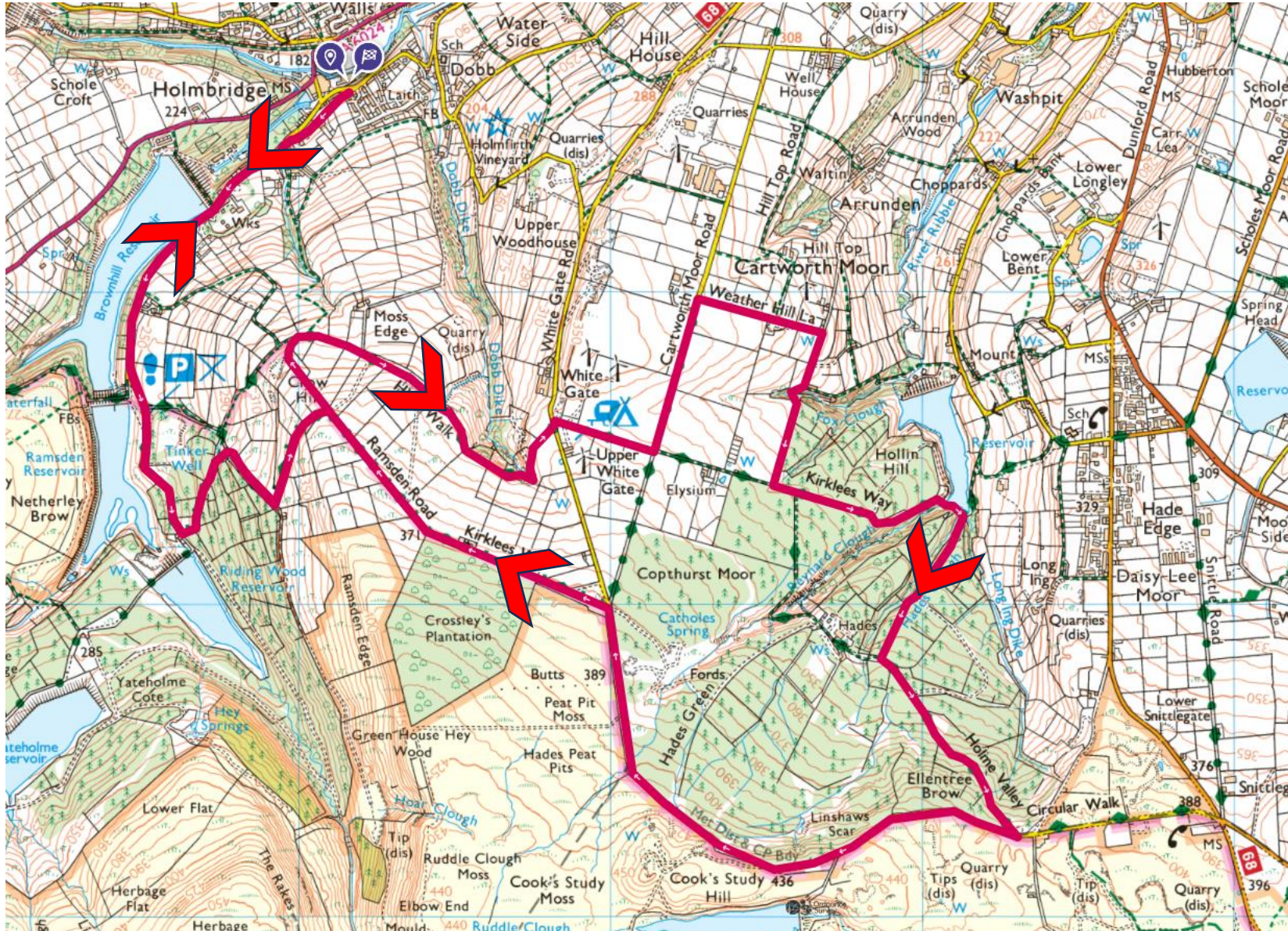
Average Club Pace (mins/mile)



- Buxton parkrun gave the fastest mile splits, while New Glossop yielded the slowest pace.

*Total time is excluding multiday Ultra completions, but adding these 7 people at average completion time of 8.3 hours

September 2024 – Stairway to Heaven

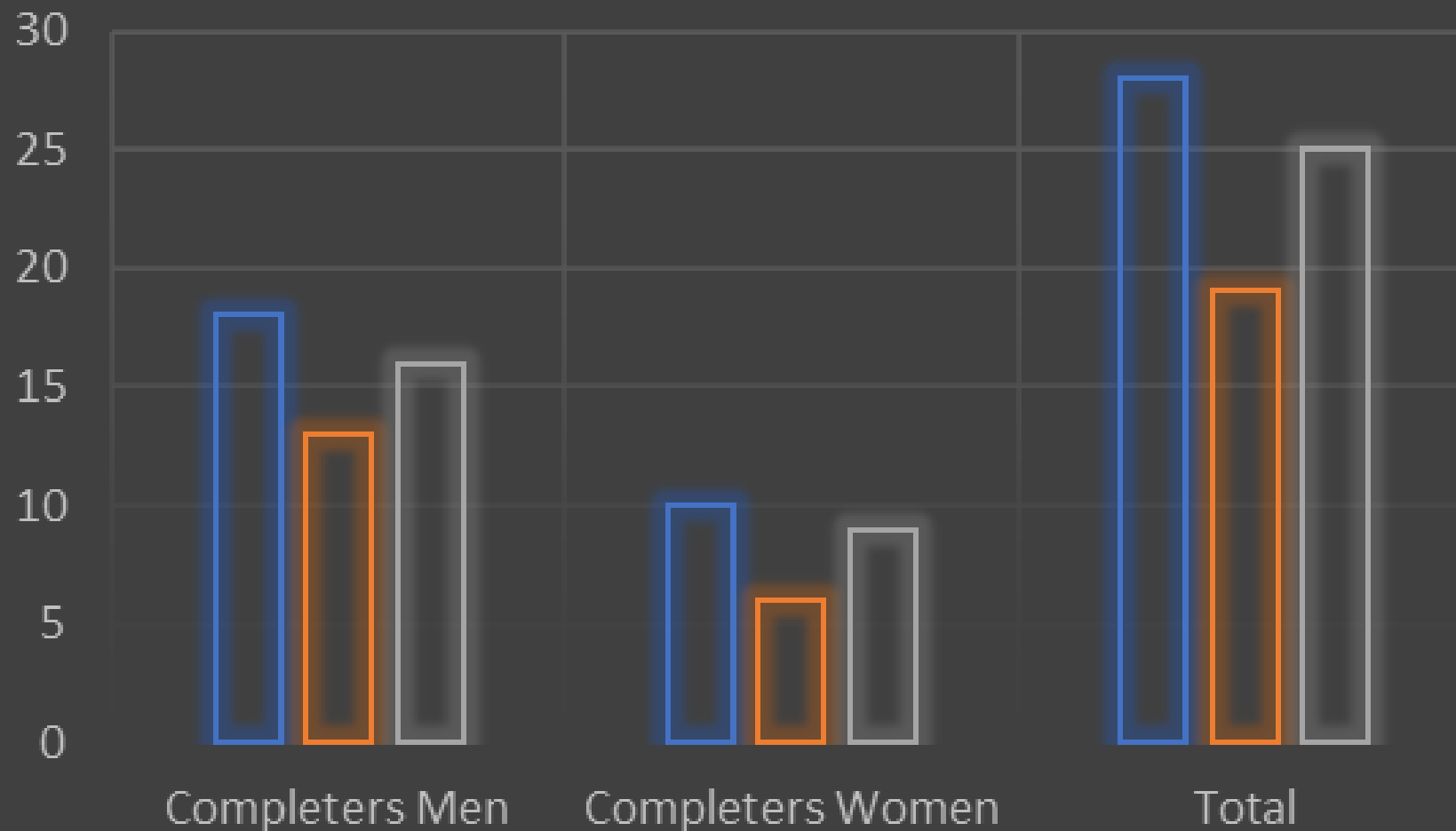


Discipline = Trail
8.4 Miles x 1,300 ft

Mens Winner =
Stefan Bramwell (59:36)
Womens Winner =
Rachel Sproston (1:18:42)

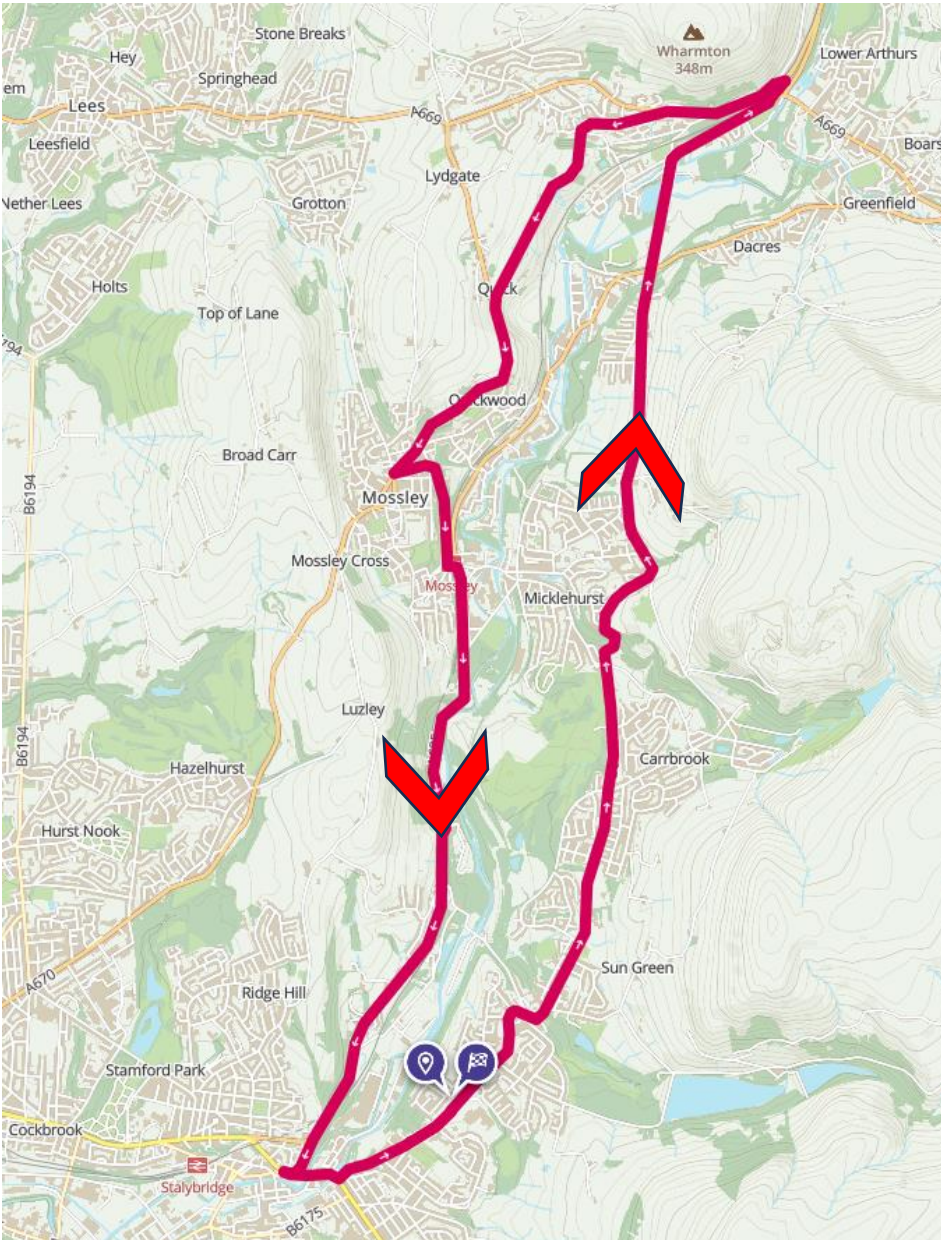
Completers of Individual Disciplines (All 3 Races)

■ Road ■ Fell ■ Trail



- Road had the largest number of completers
- Fell had the lowest number of completers

October 2024 – Reindeer 10



Discipline = Road
10 Miles x 770 ft

Mens Winner =
Luke Bidwell (1:02:54)
Womens Winner =
Charlotte Bliss (1:15:33)

2024 “All Stars” – All 12 Events Completed (14 Harriers)



(F50) Charmayne Brierley

(F50) Amanda Holtey

(F) Immy Trinder

(M60) Nick Ham

(M60) Rob Murphy

(M50) Stefan Bramwell

(M50) Ian Jackson

(M40) Daniel Stinton

(M40) Ian Crutchley

(M40) Mark Foster

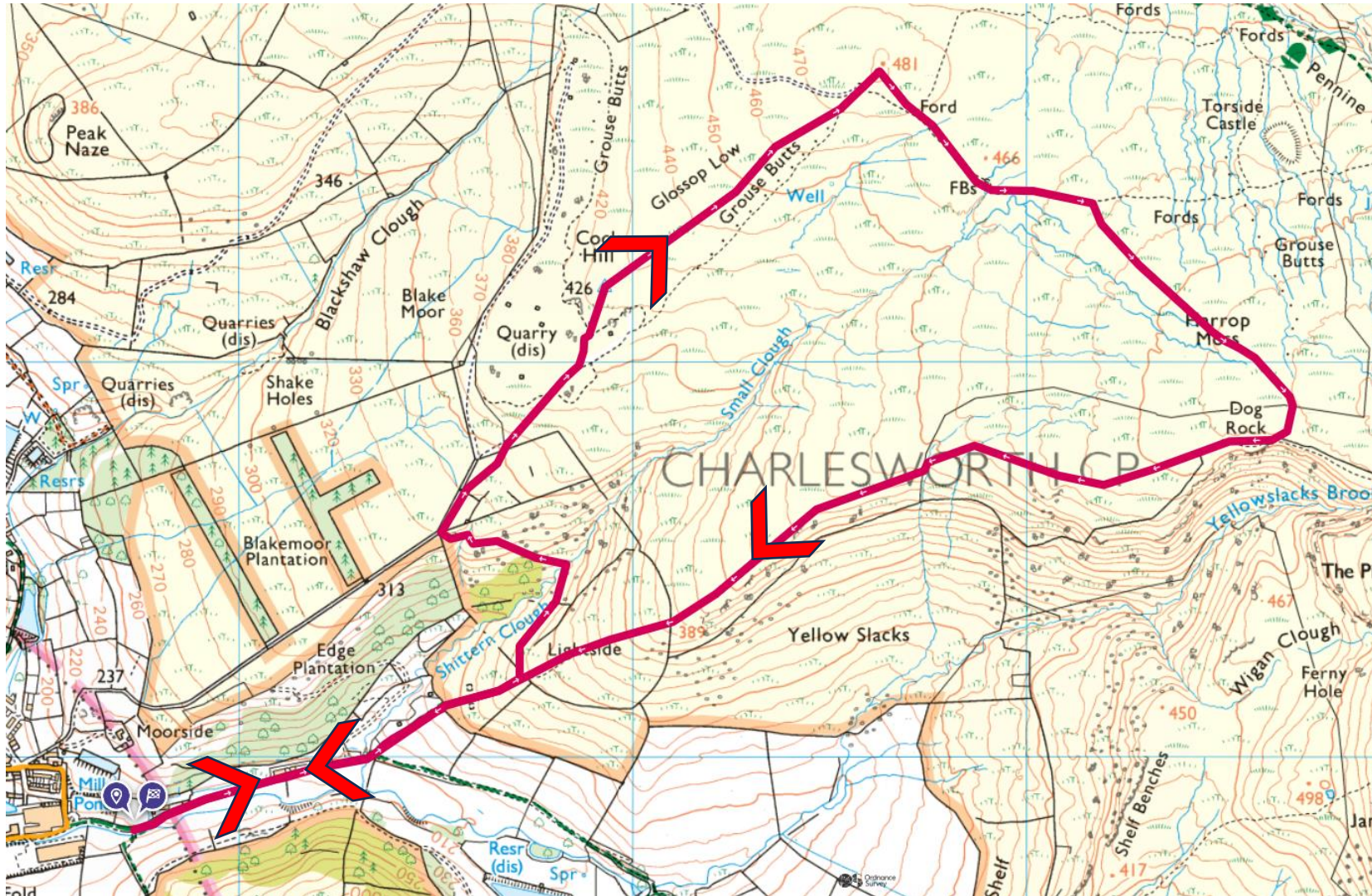
(M40) Riccardo Giussani

(M40) Alan Scholefield

(M40) Rick Steckles

(M) David Curington

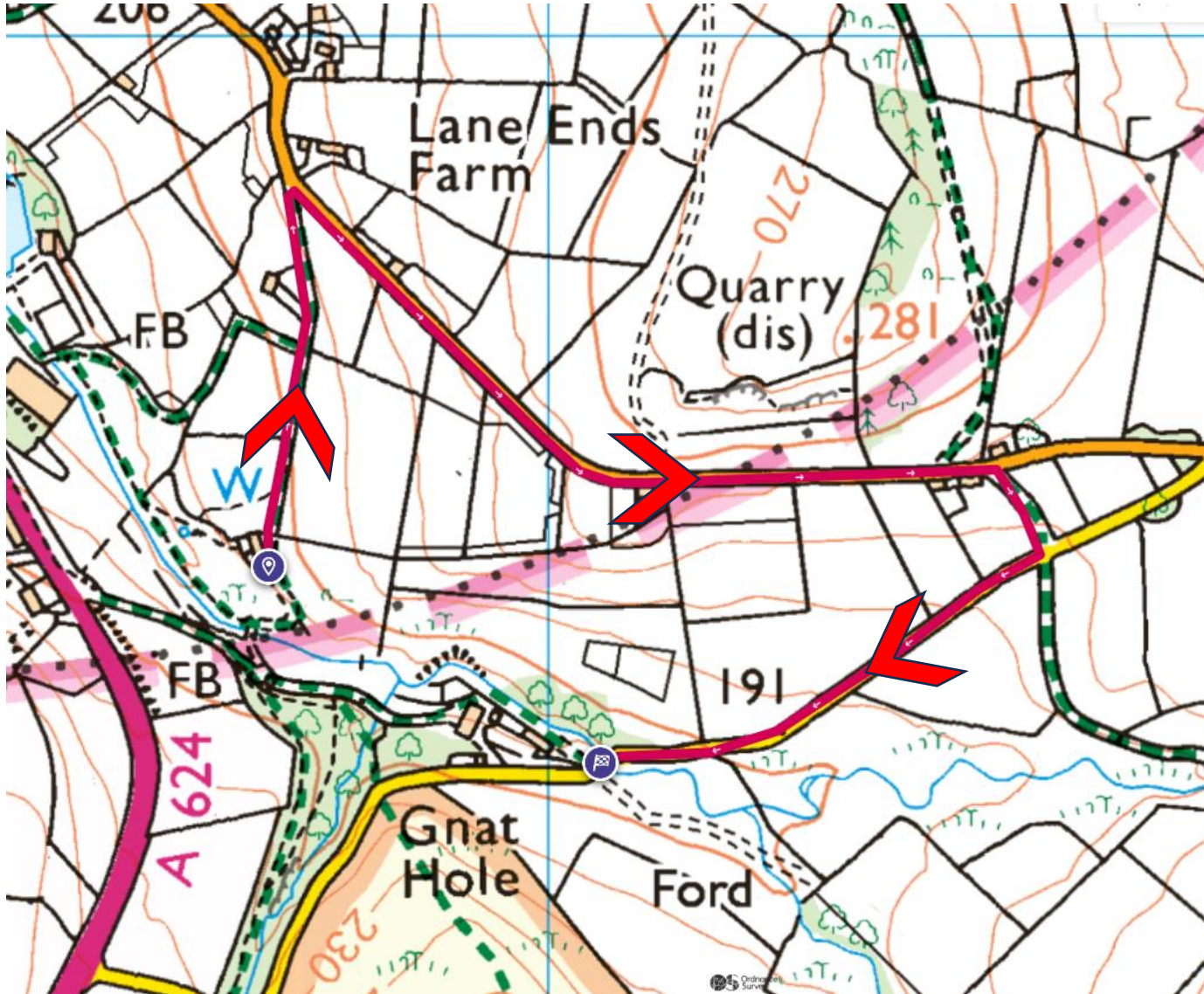
November 2024 – Shittern Saunter



Discipline = Fell
5 Miles x 1,200 ft

Mens Winner =
Neal Bann (52:09)
Womens Winner =
Rachel Sproston (1:02:47)

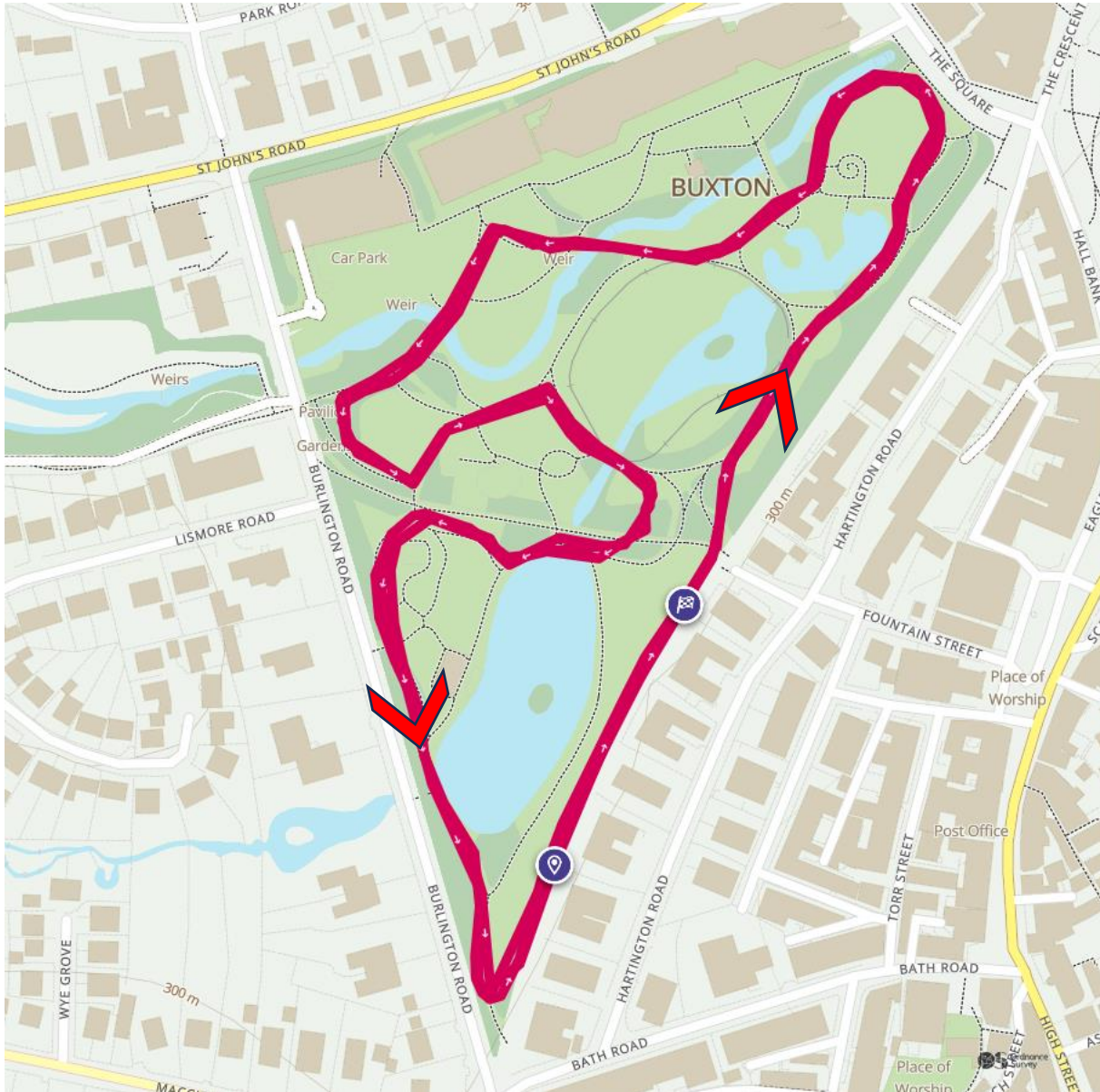
Anytime 2024 – Humper Mile



Discipline = Anytime
1 Mile x 175 ft

Mens Winner =
Colin Taylor (6:07)
Womens Winner =
Rachel Sproston (7:27)

Anytime 2024 – Buxton Parkrun



Discipline = Anytime
3.1 Miles x 90 ft

Mens Winner =
Luke Bidwell (17:29)
Womens Winner =
Immy Trinder (18:51)