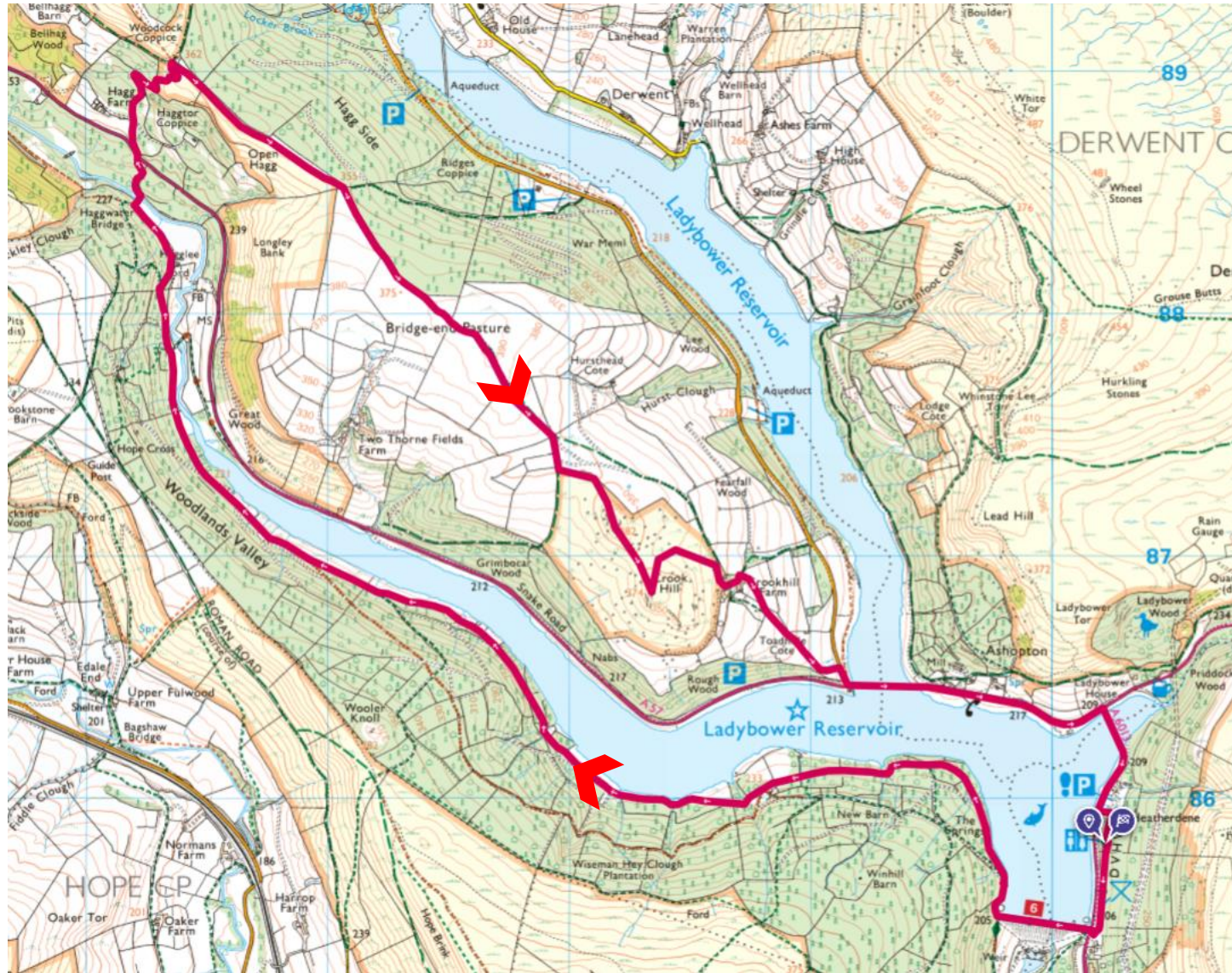


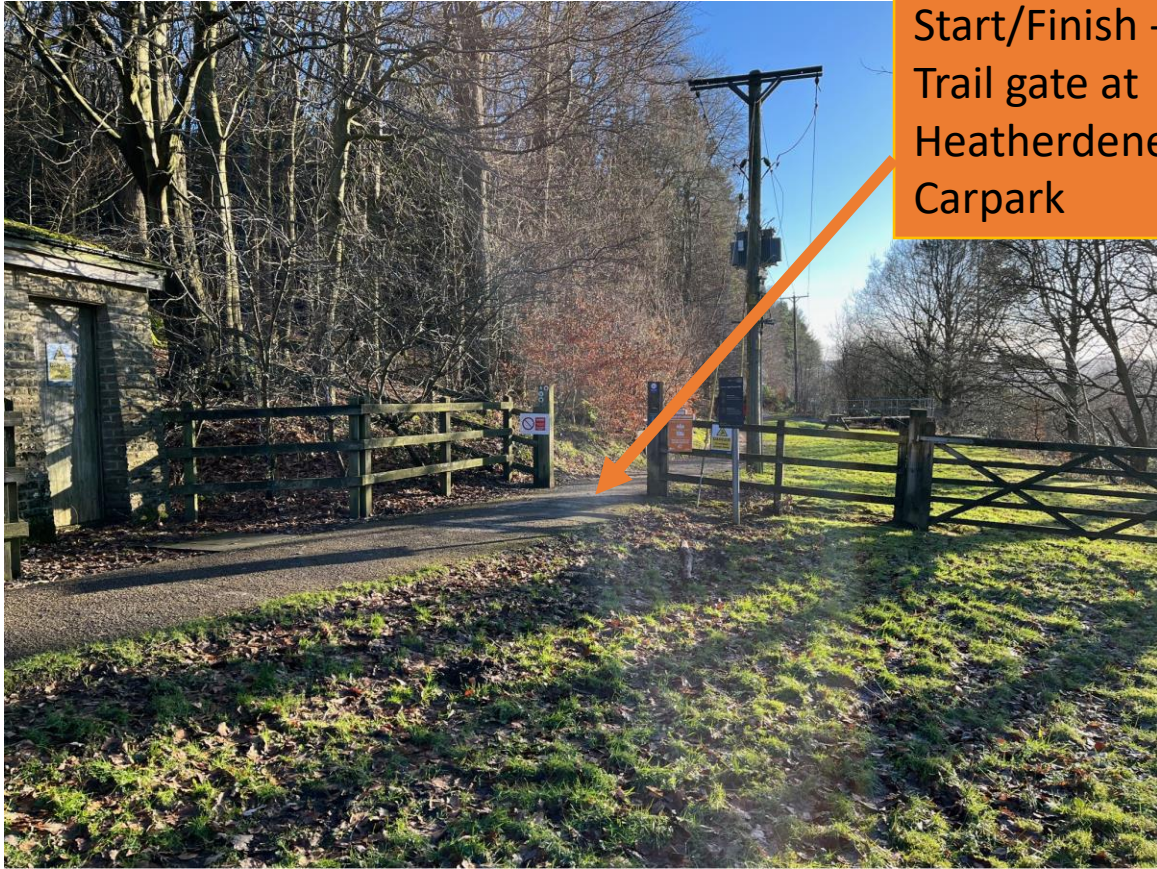
October 2025 – Crook Hill



Discipline = Trail
8.2 Miles x 1,290 ft

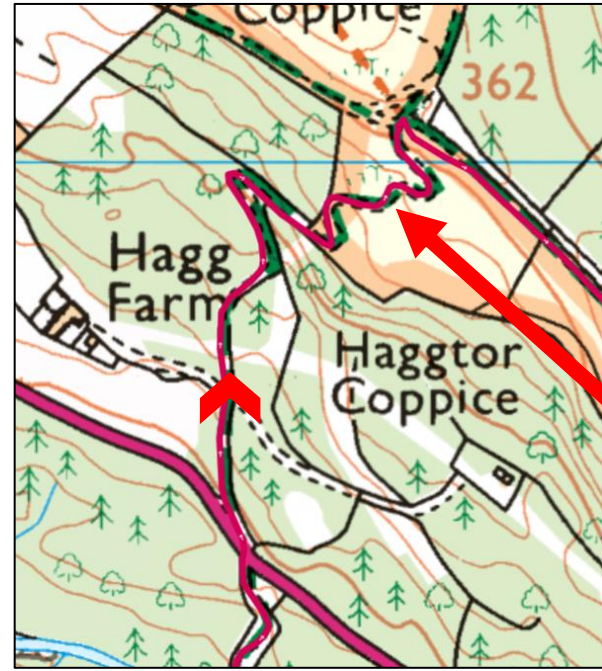
Time Trial Only

Strava Segment

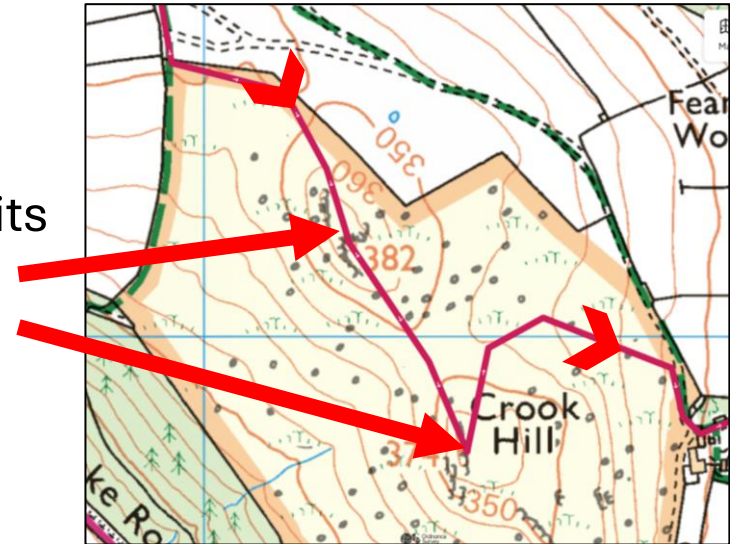


Start/Finish -
Trail gate at
Heatherdene
Carpark

- Note – To pick up Strava segment, always start slightly in advance, and finish slightly beyond indicated start/finish point.



Note – After crossing Snake, please stick to the switchback track above Hagg Farm. Do not use the trod bypassing it.



Note – The route visits both of Crook Hills “double summits”.