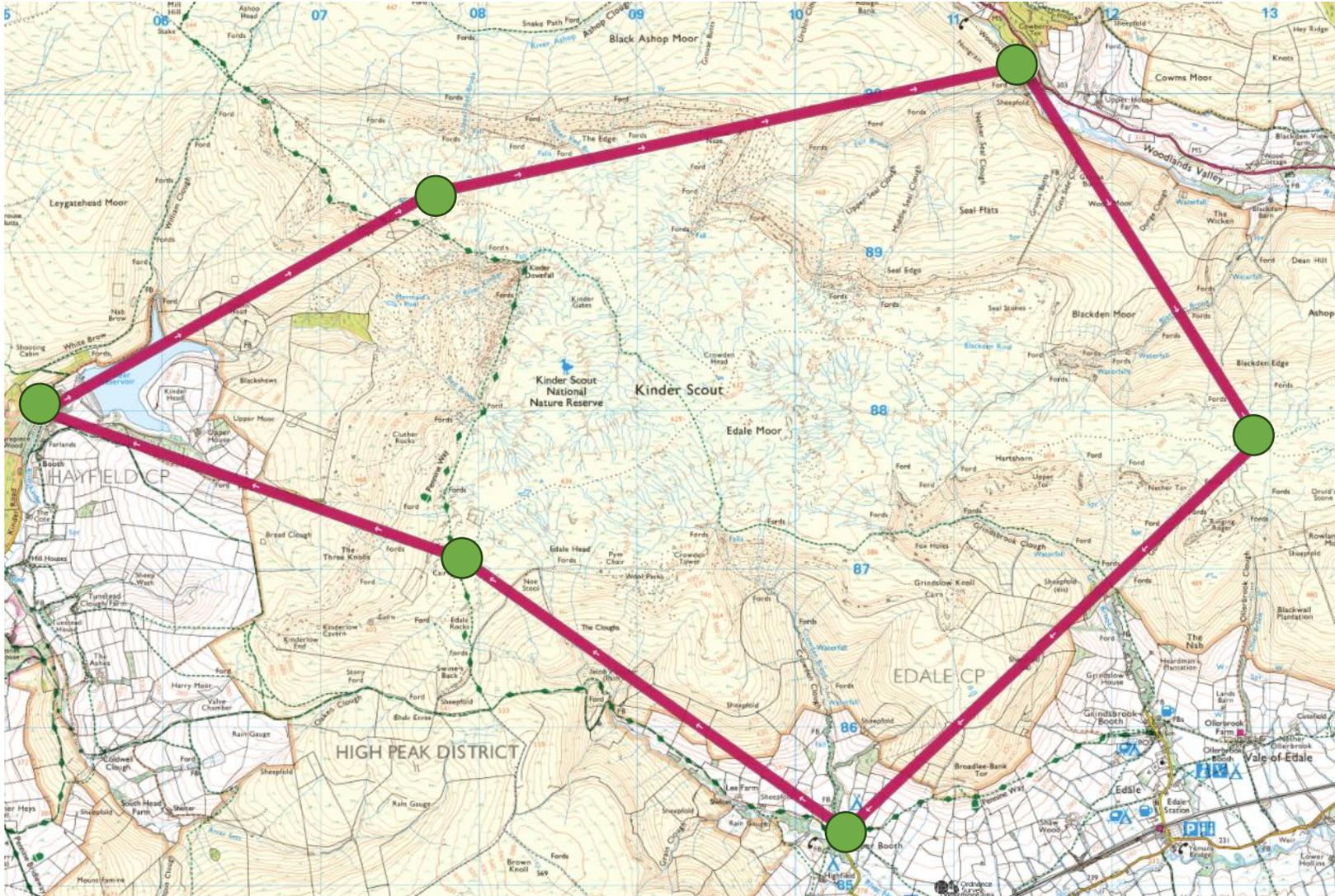


# September 2026 – Kinder 3 Trigs



Discipline = Fell  
14.5 Miles x 4,300 ft

Time Trial Only

A route design by our own Josh Williams, while running with Dark Peak.  
Josh writes:



The route can be started at any of the 6 checkpoints and in either direction. There is no fixed route as long as the checkpoints are visited in order from your chosen start point (to create a circular route), and you finish where you started. Your route should respect private land and adhere to rights-of-way and access land. Whichever way you choose to go, there will be 3 decent climbs and descents.

The checkpoints are:

- Fairbrook Footbridge - SK 114 901
- Blackden Trig - SK 129 878
- Upper Booth Farm - SK 102 853
- Kinder Low Trig - SK 079 870
- Kinder Reservoir (path junction below dam wall) - SK 052 880
- Sandy Heys Trig - SK 077 893